



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

ANNUAL REFRESHER COURSE 2019
22-24 FEBRUARY 2019
IRENE COUNTRY LODGE
PRETORIA

PROVISIONAL SCIENTIFIC PROGRAM

FRIDAY 22 FEBRUARY 2019

1230 Delegate Registration

Pre-congress meeting and anatomical workshop and Instructional course

1300 – 1500	Capflex arthroplasty presentation and Cadaver session	Dr D Herren
1500 – 1700	Dual-mobility 1st CMC arthroplasty presentation and Cadaver session	Dr G Chick

SATURDAY 23 FEBRUARY 2019

0700-0730	Delegate Registration	
0730-0740	Welcome and Announcements	Grant Biddulph

SESSION 1 CHAIR :

0740 – 0810	Latest advances in Rheumatoid treatment	Rheumatologist
0810 – 0820	Discussion	
0820 - 0840	Rheumatoid hand deformities: pathophysiology and treatment	Gregoire Chick
0840 - 0845	Discussion	
0845 - 0905	Update on rheumatoid surgery of the hand	Daniel Herren
0905 - 0910	Discussion	
0910 - 0925	Splinting in Rheumatoid arthritis	Cindy Munro
0925 - 0930	Discussion	
0930 - 0950	Reconstruction of Extensor tendon ruptures in RA	Daniel Herren
0950 -1000	Discussion	

1000 -1040 **TEA**

SESSION 2 CHAIR :

1040 - 1055	Rheumatoid arthritis of the Thumb	Nikki van der Walt
1055 - 1100	Discussion	
1100 - 1115	Rheumatoid arthritis of the MCPJ's	Prof Le Roux
1115 - 1120	Discussion	
1120 - 1135	Rheumatoid of the PIPJ's	Antoine Rocher
1135 - 1140	Discussion	
1140 - 1200	Partial and total wrist fusion in Rheumatoid wrist	Daniel Herren
1200 - 1205	Discussion	
1205 - 1300	Panel discussion and case presentation	TBA

1300 -1400 LUNCH**SESSION 3 CHAIR :**

1400 - 1430	Diagnosis of Gout. Does Urate level predict progression of tophi and joint disease?	Rheumatologist
1430 - 1435	Discussion	
1435 - 1450	Differential diagnosis of Gout, making a decision	Ian Koller
1450 - 1455	Discussion	
1455 - 1510	Surgical solutions for Tophi. When to cut and what can the patient expect?	Erich Mennen
1510 - 1515	Discussion	
1515 - 1535	How to inject minimally painful local anaesthesia in WALANT (Wide Awake Local Anaesthesia No Tourniquet) to perform most hand surgery safely	Donald Lalonde
1515 - 1520	Discussion	

1520-1600 TEA**SESSION 4 CHAIR :**

1600 - 1620	Chondrocalcinosis of the wrist	Gregoire Chick
1620 - 1625	Discussion	
1625 - 1640	Biopsies in the inflamed joint. Is it worthwhile?	TBA
1640 - 1645	Discussion	
1645 - 1700	Uncommon inflammatory arthritis of the hand: SLE, Scleroderma, Reiters and Psoriasis	TBA
1700 - 1705	Discussion	
1705 - 1725	Early protected movement after awake finger fracture repair, relative motion splinting for hand pain and extensor lag, boutonniere, and other new concepts in hand surgery and therapy	Don Lalonde
1725 - 1730	Discussion	

SUNDAY 24 FEBRUARY 2019

0730-0800 Delegate Registration

SESSION 5 CHAIR :

0800 - 0820	Treatment of the DIP joint Osteoarthritis	Mike Carides
0820 - 0825	Discussion	
0825 - 0845	Treatment of PIP osteoarthritis (Arthroplasty vs Fusion)	Daniel Herren
0845 - 0850	Discussion	
0850 - 0910	STT osteoarthritis	Gregoire Chick
0910 - 0915	Discussion	
0915 - 0930	MCP joints: are they a problem?	Susan Van Deventer
0930 - 0935	Discussion	
0935 - 0955	Better results in tendon surgery with awake patients	Donald Lalonde
0955 - 1000	Discussion	

1000-1030 **TEA**

SESSION 6 CHAIR :

1030 - 1045	Osteoarthritis of the wrist, what limited fusions are available	Duncan McGuire
1045 - 1050	Discussion	
1050 - 1110	Outcome measurements in hand surgery focused on OA	Daniel Herren
1110 - 1115	Discussion	
1115 - 1130	Wrist Arthrodesis vs Arthroplasty. What is the gold standard?	TBA
1130 - 1135	Discussion	
1135 - 1150	DRUJ arthritis	Tim Pikor
1150 - 1155	Discussion	

SESSION 7 CHAIR :

1155 - 1240	1st CMC OA treatment options: 1. Trapeziectomy 2. Tendon reconstruction 3. Tightrope 4. Arthroplasty	Prof Ulrich Mennen TBA Martin Wells Ajmal Ikram
-------------	--	--

1240 - 1250	CLOSURE	Grant Biddulph
1250 - 1400	Followed by light lunch before departure	