Department of Hand- and Microsurgery

Medical University of Southern Africa (Under the auspices of: S.A. Society for Surgery of the Hand)



Presents:

Refresher course in Hand Surgery 4th and 5th March, 1988. Medunsa Pretoria

(Hand Therapists: additional Meeting 3rd March)

COURSE ORGANISER:

Prof Ulrich Mennen

Head: Dept Hand- and Microsurgery

P.O. Box 186 Medunsa 0204

Phone: (012) 58-2844 x 2219

VENUE:

Medical University of Southern Africa (Medunsa) (map will be enclosed with receipt)

DATES:

Friday 4th and Saturday 5th March 1988 08h00 to 18h00 each day.

(Hand Therapists will start with their own Refresher Course on Thursday 3rd March 1988 and will join in on Friday and Saturday).

COURSE FEE:

(Including satchel, writing pad, local transportation i.e. Pretoria to Medunsa, teas, lunches and cocktails).

Surgeons and General Practitioners: R150-00 Registrars: R110-00 Hand Therapists: R100-00

Late registration (after 1/2/88) R170, R130 and R120 respectively.

Day registration R90, R70 and R50 respectively.

Note: 1. Registration will be limited to 250 persons.

- 2. Hand Therapists: Refresher Course consists of three full days, i.e. Thursday is dedicated to Hand Therapy only and Friday and Saturday to Hand Surgery see enclosed programmes.
- 3. Tax concession has been approved by the Receiver of Revenue and the Medical Association of South Africa. The registration number allocated by MASA is 0001/89.
- 4. Cheques to be made payable to:-HAND SURGERY REFRESHER COURSE 1988.

ACCOMMODATION:

To be arranged personally. A block booking has been made at the Boulevard Hotel (Struben street tel: 26-4806), and the Manhattan Hotel (Scheiding street: 28-6061). Enquiries may be made to the secretary of Dept Hand- and Microsurgery Mrs M. Steyn, telephone (012) 58-2844 x 2219.

TRANSPORTATION:

For those without local transport, a bus service will be provided on both days (three days for Hand Therapists) from the hotels (pick-up time 7.00 am,) to Medunsa and back.

Ample parking is available at the Course Venue.

SPEAKERS:

Various surgeons (and Hand Therapists for Thursday Meeting) from academic institutions and private sector.

TOPICS:

Most important, everyday subjects will be discussed with the emphasis on practical application eg. examination of the hand, infections, tendon transfers, rheumatoid arthritis, osteo-arthritis, flaps, tunnel syndromes, tumours, brachial plexus injuries, splints, wrist pathology, tendon injury, nerve injury, fractures, etc.

REFRESHER COURSE IN HAND SURGERY REGISTRATION FORM

Please complete this form and return to: The Course Organiser c/o Dept. Hand- and Microsurgery P.O. Box 186 Medunsa



Medunsa 0204				CIBA-GEIG	
Name	······································	Title .	•••••		
Postal Address			•		
Telephone No. Work					
PLEASE CIRCLE APPROPRIATE BOX					
REGISTRATION :	(be	Early fore 1.2.88)	<u>Late</u> (after 1.2.88	<u>Daily</u>) Please indicate Th./Fr./Sat.	
Surgeons and General Practitioners		R150	R170	R90	
Registrars		R110	R130	R70	
Hand Therapists (3 days)		R100	R120	R50	
Hand Therapists - Pleas	e indicate which	workshop	sessions you will	attend 1 2 3 4	
SPECIALITY:					
Surgeon -	Orthopaedic -	General	Plastic	•	
Surgical Registrar –	Orthopaedic .	General	Plastic		
	General Practit	ioner	Other		
SOCIAL: (Delegates onl	y)			,	
I will attend the Thur	sday Dinner (H	land Ther	apists only)	yes no	
I will attend the Friday Cocktail Party			yes no		
I will attend the Saturday Cocktail Party		yes no			
ACCOMMODATION &	c TRANSPORT	• •			
I will make use of the: Manhatten accommodation			yes no		
Boulevard accommodation				yes no	
Y - 211 1 CNG - 1			yes no		
	-	Bouleva	rd Hotel	yes no	
NOTE: 1. Maximum en	rollment – 250 p	ersons.	•		

I enclose my cheque to 'Hand Surgery Refresher Course 1988' for R

2. Cancellation fee - 10%

FINAL PROGRAMME REFRESHER COURSE IN HAND SURGERY SPORTS CENTRE, MEDUNSA

FRIDAY 4 MARCH 1988

7.30 - 8.30	Registration, coffee and rusks
8.30 - 8.45	Opening.
	MODERATOR - Dr. K.S. Naidoo (President SASSH).
8.45 - 9.30	Surgical Anatomy of the Hand (Dr. A.C. Boonzaier, Johannesburg.)
9.30 - 9.40	Discussion
9.40 - 10.25	Neuro-vascular Examination of the Hard (Prof. U. Mennen, Medunsa).
10.25 - 10.35	Discussion
10.35 - 11.00	TEA
11.00 - 11.45	Tendon Transfers in Peripheral Nerve Injuries (Dr. A.C. Boonzaier, Johannesburg).
11.45 - 11.55	Discussion
11.55 - 12.40	Functional Anatomy: normal and abnormal anatomy of digital balance (Dr. L. K. Pretorius,
	Tygerberg).
12.40 - 12.50	Discussion
12.50 - 13.50	LUNCH
	MODERATOR - Dr. Ken Pretorius
13.50 - 14.35	Fractures of the Phalanges and Metacarpals (Dr. J.H. Fleming, Johannesburg).
14.45 - 14.45	Discussion
14.45 - 15.30	Rheumatoid Arthritis (Dr. S. Biddulph, Johannesburg).
15.30 - 15.40	Discussion
15.40 - 16.05	TEA
16.05 - 16.50	The Elbow and Shoulder (Dr. K.S. Naidoo, Durban).
16.50 - 17.00	Discussion
17.00 - 17.45	The Management of Peripheral Nerve Injuries, Brachial Plexus Injuries and Pain (Dr. R. S.
	Boome, Cape Town).
17.45 - 18.00	Discussion.
18.45	COCKTAILS
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SATURDAY 5 MARCH 1988

7.30 - 8.30	Registration, coffee and rusks
	MODERATOR – Dr. Syd Biddulph.
8.00 - 8.45	The Wrist: Anatomy, Fractures, Instabilities and Kienböck Disease (Dr. F. Liebenberg, Pretoria).
8.45 - 8.55	Discussion
8.55 - 8.40	Rehabilitation of Injured Hand (Dr. A. J. Wienand, Pretoria).
9.40 - 8.50	Discussion
9.50 - 10.10	TEA
10.10 - 10.55	Congenital Deformities of the Hand (Dr. C. E. Bloch, Cape Town).
10.55 - 11.05	Discussion
11.05 - 11.50	Infections (Prof. U. Mennen, Medunsa).
11.50 - 12.00	Discussion
12.00 - 12.45	Soft Tissue Covering, Flaps and Z-plasty of the Hand (Prof. J. F. Scholtz, Pretoria).
12.45 - 12.55	Discussion
12.55 - 13.55	LUNCH
	MODERATOR - Dr. A. J. Wienand.
13.55 - 14.40	Flexor Tendon Surgery (Dr. L. K. Pretorius, Tygerberg).
14.40 - 14.50	Discussion
14.50 - 15.35	Entrapment and Compression Neuropathies of the Upper Extremity (Dr. L. H. Müller,
	Bloemfontein).
15.35 - 15.45	Discussion
15.45 - 16.05	<u>TEA</u>
16.05 - 16.50	Tumours (Dr. K. S. Naidoo, Durban).
16.50 - 17.00	Discussion
17.00 - 17.45	Osteo-arthritis including other degenerative conditions (Dr. S. Biddulph, Johannesburg).
17.45 - 17.55	Discussion
17.55 - 18.00	Closure
18.00	COCKTAILS

FINAL PROGRAMME REFRESHER COURSE IN HAND THERAPY DENTISTRY BUILDING, MEDUNSA

THURSDAY: 3 MARCH 1988

07h30	Registration, coffee and rusks
08h30	Opening – Prof. U. Mennen.
SESSION 1	· ·
	MODERATOR – Miss B. Steyn.
08h45	Evaluation of the hand and general principles of handtherapy. (Miss C. van Velze,
	Ga-Rankuwa Hospital).
09h05	Infection, edema, the stiff hand. (Mrs. I. Kluever, Ga-Rankuwa Hospital).
09h25	The mutilated hand. (Mrs. I. Niemand, WRC).
09h45	Fractures and joint injuries. Mr. W. Fourie, Cottesloe Hospital).
10h05	TEA
SESSION 2	
	MODERATOR – Miss C. van Velze.
10h25	Brachial plexus injuries. (Mrs. P. Travers, No. 1 Military Hospital).
10h45	Ulnar nerve injuries and subsequent tendon transfers. (Miss B. Steyn, No. 1 Military Hospital).
11h05	Median nerve injuries and subsequent tendon transfers. (Miss P. Duke, Johannesburg Hospital).
l 1h25	Radial nerve injuries and subsequent tendon transfers. (Miss S. Holmes, Groote Schuur Hospital).
11h45	Reflex Sympathetic Dystrophy and the management of pain associated with peripheral nerve
	injuries. (Mrs. J. Russell, Ga-Rankuwa Hospital).
12h05	Sensory rehabilitation, desensitisation. (Mrs. M. Jones, No. 1 Military Hospital).
12h25 ·	Flexor tendon injuries. (Miss A. Catchpole, Groote Schuur Hospital).
12h45	LUNCH
SESSION 3	
	MODERATOR – Mrs. P. Travers.
14h00	The burnt hand. (Miss R. Louw, Kalafong Hospital).
14h20	Congenital deformities. (Miss C. van Velze, Ga-Rankuwa Hospital).
14h40	Rheumatoid arthritis. (Mrs. H. Gardner, Johannesburg Hospital).
SESSION 4	Concurrent workshops.
15h00	1. Dynamic splints — measurement of elastic band traction.
	2. Passive movement – how much stress does the joint endure.
15h50	3. Edema – measurement and management.
	4. Upper limb evaluation – Recording of data.
16h45	Closure and/or formation of the South African Society of Hand Therapists.
19h30	SOCIAL EVENING

