

THE SOUTH AFRICAN SOCIETY
**FOR SURGERY
OF THE HAND**



REFRESHER COURSE 2020

MARRIOTT CRYSTAL TOWERS
CAPE TOWN, SOUTH AFRICA

28 FEBRUARY – 1 MARCH 2020
WRIST COURSE

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WELCOME MESSAGE FROM THE PRESIDENT

DR AJMAL IKRAM



South African Society for Surgery of the Hand(SASSH) , warmly welcomes you to the Mother City, Cape Town for this Re-fresher Course on the Wrist. The SASSH organizing team and the trade are pleased to present you with special speakers, topics and a great venue.

A very special welcome to our esteemed international faculty, Dr Greg Packer, Clinical Director and Consultant Orthopaedic Surgeon at Southend University Hospital and Dr Henk Giele, Consultant in Plastic, Reconstructive and Hand Surgery at the Oxford University Hospital.

Please feel free to actively participate in discussion on these interesting topics on Wrist, Carpal instability, Distal radius fractures, Scaphoid, ulnar sided wrist pain, wrist arthritis & wrist arthroscopy

Lastly, I would like to thank the trade for their continued generous support.

WELCOME MESSAGE FROM THE CONGRESS ORGANISER

DR DUNCAN McGUIRE



A warm welcome to Cape Town for all our guests, and thank you for joining us for what is sure to be a fantastic meeting.

We are privileged to have a number of renowned international speakers. Dr Henk Giele from Oxford in England, and Dr Melvin Rosenwasser from New York have both been here before and we are privileged to have them back again. Dr Greg Packer visited us for the COMOC meeting a few years ago and we look forward to some great talks from him.

The theme of this refresher course is "The Wrist". Our meetings are very relaxed. We have a mix of therapists, registrars, plastic and orthopaedic surgeons attending the meeting. Please ask questions if you are unsure and challenge if you disagree. The discussions after the talks often offer more learning points than the talk itself. So I encourage everyone to get involved.

Thank you to the trade for supporting us and please can the delegates support them by visiting their stands during the tea and lunch breaks.

Enjoy the meeting!

INTERNATIONAL VISITOR

HENK GIELE



Mr Henk Giele has been a consultant hand and plastic surgeon in Oxford at the Radcliffe Hospitals and Nuffield Orthopaedic Centre (now merged to Oxford University Hospitals) since 1996. His speciality interests are in musculoskeletal infection, bone and soft tissue sarcoma, microsurgical reconstruction after trauma, tumour or anomalies, hand surgery including congenital upper limb anomalies, brachial plexus and peripheral nerve conditions, trauma and degenerative conditions.

His research interests are surgical innovation, clinical research into the genetic and molecular basis and treatment of congenital upper limb anomalies, the genetic basis and treatment of Dupuytren's disease, the management of sarcoma, clinical trials in hand surgery, and the transplantation of composite vascularized tissue.

He is a specialist advisor to the NICE new technology assessment committee. He sits on the Clinical commissioning Reference Groups for both sarcoma and specialist children's surgery. Henk Giele has published over 110 articles, 17 book chapters and a book, the Oxford Hand book of Plastic Reconstructive Surgery.

INTERNATIONAL VISITOR

GREG PACKER



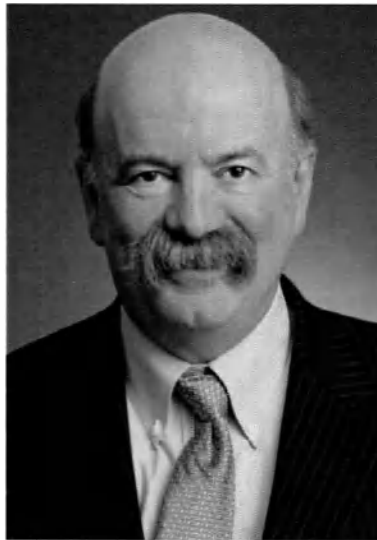
Dr Greg Packer is an orthopaedic surgeon and Clinical Director at Southend University Hospital and Spire Wellesley Hospital in England. He is an upper limb specialist and is a well-known international figure in wrist surgery.

He has an interest in wrist surgery, acute fracture management, particularly bio-absorbable plates and bone substitutes and investigation of chronic wrist problems including wrist arthroscopy. He has also designed a modular wrist hemi-arthroplasty system. He is very experienced, having been in both the NHS and private practice for 21 years. He performs approximately 70 wrist arthroplasties per year. He is a consultant for Biomet, SWEEMAC, Extremity Medical and Acumed.

Dr Packer is actively involved in research and has multiple publications in international peer reviewed journals.

INTERNATIONAL VISITOR

MEL ROSENWASSER



Dr Melvin Rosenwasser is the Robert E. Carroll Professor of Surgery of the Hand in the Department of Orthopaedic Surgery, and Professor of Surgery at the Columbia University Medical Center in New York. He is an expert in orthopaedic hand, elbow and trauma surgery, arthritic and congenital anomalies of the upper extremity and microsurgery.

Dr. Rosenwasser has been co-principal investigator on numerous NIH grants and awards and has authored many book chapters and peer-reviewed articles on surgery of the upper extremity as well as trauma-related surgery for both upper and lower extremities. He has over 100 publications in international peer reviewed journals. He is a well-recognized figure in the world of hand surgery, and is a regular presenter at congresses all over the world.

Dr. Rosenwasser has been recognized in New York Magazines "Best Doctors in New York" Hall of Fame. Dr. Rosenwasser is also the hand consultant for the New York Yankees.

TRADE EXHIBITORS

The trade exhibition will be located in the Foyer area where refreshments will also be served. Companies and suppliers will exhibit their newest innovations and will be available to answer questions.

Kindly make every effort to visit all the stands.

Teas and lunches will be served in the trade exhibition area.

The President and Executive Committee of SASSH would like to thank the trade for their attendance and participation of this event

Acumed



PrimeSurgical



Stratmed



Obsidian



Smith & Nephew

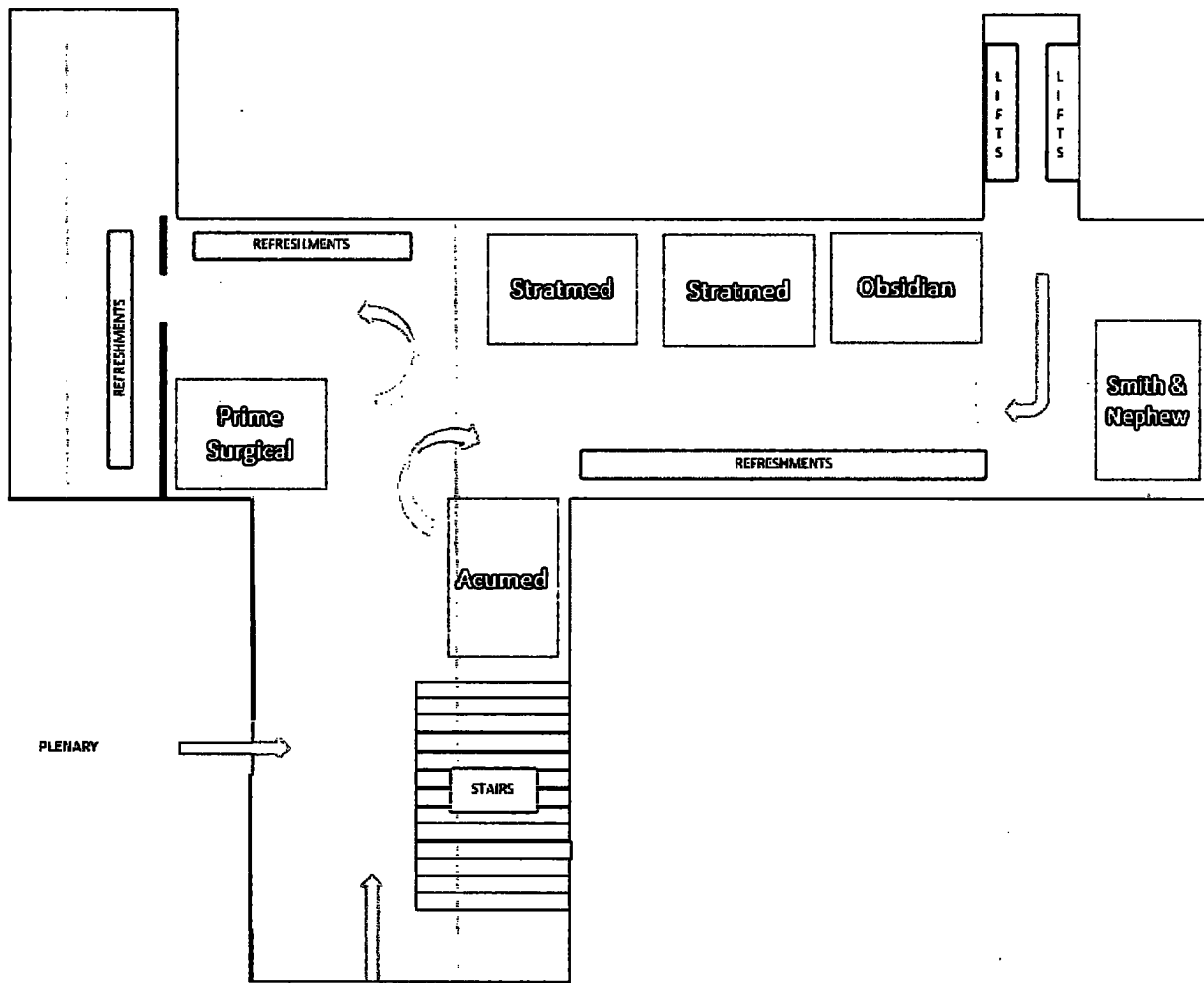


SPONSORS

Acumed-
Dr Greg Packer's flight
and accommodation



The President and Executive Committee of SASSH would like to thank the trade for their attendance and participation of this event.



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CONGRESS INFORMATION

VENUE

The meeting will convene in "Crystal 1&2" on the lower ground floor at the Marriott Crystal Towers in Cape Town.

INFORMATION/REGISTRATION DESK

The Information/Registration Desk will be situated opposite the entrance to the lecture room.

The desk will be open for registration at the following times:

Saturday 29 February 2020 07h00 – 08h00

Sunday 1 March 2020 07h30 – 08h00

Please feel free to visit the Desk should you require any assistance.

CPD REGISTER

- Discovery Health will handle the CPD formalities on a daily basis.
- Scanning will be done twice daily
- Approximately 7-10 days post-congress, you will receive notification to download your certificate from the website www.mycpd.co.za. You need to have your log-in and password details available to download your certificate

DRESS CODE

Casual attire for congress sessions and smart casual for the social function

IMPORTANT

- **Name badge:** It is important to wear your name badge during the congress. Only delegates wearing name badges will be permitted to enter the lecture hall, exhibition area and the social function
- Please place **mobile phones** on silent mode in the lecture room.

INFORMATION FOR SPEAKERS

Keeping to your allocated time is a courtesy to all following speakers. The chairs of the sessions have been instructed to exert tight control and interrupt lengthy presentations. Please make sure you are aware of the time allotted to you for your presentation

Please hand your presentation to the audiovisual technicians at least 1 hour prior to the session in which the presentation is being given. The technicians will be available in the congress venue to receive your material.

LANGUAGE

The official language of the congress will be English. No simultaneous translation service will be provided

SMOKING

In accordance with Government Legislation regarding smoking in public areas, kindly note that this venue is a non-smoking area

SOCIAL

Soak in unbeatable views of Table Mountain at the **Acara Pool bar and terrace** on the top floor of the hotel. We invite you to join us in greeting colleagues and friends and enjoying carefully chosen Cape wines and soft drinks.

Meet & Greet
(Optional) Friday 28 February 2020
from 18h30 onwards
Marriott Crystal Towers
Acara Pool bar and terrace

FUTURE EVENTS

ANNUAL CONGRESS

2020 28 - 30 August
51st Congress and Instructional Course
Venue: CTICC2
Cape Town

2021 27 – 29 August
52nd Congress and Instructional Course
Venue:TBC
Gauteng

SASSH EWAS Wrist Arthroscopy Course

2020 20-21 November
Basic & Advanced Course
Venue: Red Cross Children's Hospital Cape Town

ANNUAL REFRESHER COURSE

2021 26-28 February
Topic: Congenital, Micro
Venue TBC Durban

SCIENTIFIC PROGRAM

SATURDAY 29 FEBRUARY 2020

Session 1: Carpal Instability
Chair: Duncan McGuire & Erich Mennen

0700-0755	Registration	
0755-0800	Welcome	Ajmal Ikram
0800-0815	Carpal kinematics and clinical anatomy of the wrist	Will Haynes
0815-0820	Discussion	
0820-0835	Scapholunate dissociation	Antoine Rocher
0835-0840	Discussion	
0840-0855	Perilunate injuries	Michelle Maree
0855-0900	Discussion	
0900-0915	Chronic scaphoid-lunate ligament injury from symptoms to treatment	Greg Packer
0915-0920	Discussion	
0920-0935	Symptomatic static reducible SL dissociation – how do I fix it?	Dirk van der Spuy Steve Carter Adriaan Smit
0935-0940	Discussion	
0940-0955	Long term results from RASL treatment	Mel Rosenwasser
0955-1000	Discussion	

1000-1030	Tea Break
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Session 2: Distal radius fractures
Chair: Mike Solomons & Antoine Rocher

1030-1045	Fracture dislocation of the wrist (excluding perilunate)	Cynthia Sathekga
1045-1050	Discussion	
1050-1105	Distal radius fractures – are we operating too much	Mel Rosenwasser
1105-1110	Discussion	
1110-1125	Indications for dorsal plating	Duncan McGuire
1125-1130	Discussion	
1130-1145	Malunited distal radius fracture	Ian Koller
1145-1150	Discussion	
1150-1205	The role of therapy in distal radius fractures?	Nureesah Hendricks
1205-1210	Discussion	
1210-1225	EPL rupture – why it occurs and what to do about it	Wikus De Jager
1225-1230	Discussion	

1230-1330	Lunch
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SCIENTIFIC PROGRAM

SATURDAY 29 FEBRUARY 2020

Session 3: Scaphoid fractures
Chair: Ian Koller & Mike Carides

1330-1345	Scaphoid tubercle fractures .	Adriaan Smit
1345-1350	Discussion	
1350-1405	Scaphoid waist fractures - pros and cons of management of undisplaced fractures	Pieter Jordaan
1405-1410	Discussion	
1410-1425	Displaced scaphoid fractures - dorsal or volar approach	
	Dorsal approach	Sean Pretorius
	Volar approach	Roger Nicholson
1425-1430	Discussion	
1430-1445	Proximal pole fractures	Dirk van der Spuy
1445-1450	Discussion	
1450-1505	Reconstruction of scaphoid non-union with proximal pole AVN	Henk Giele
1505-1510	Discussion	
1510-1525	Scaphoid non union – an overview	Grant Biddulph
1525-1530	Discussion	

1530-1600	Tea Break
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Session 4: General
Chair: Dirk van der Spuy & Grant Biddulph

1600-1615	Carpal boss	Erich Mennen
1615-1620	Discussion	
1620-1635	De Quervains & intersection syndrome	PC Pelser
1635-1640	Discussion	
1640-1655	FCU and FCR tendonitis	Cameron Anley
1655-1700	Discussion	

SCIENTIFIC PROGRAM

SUNDAY 1 MARCH 2020

Session 5: Ulnar sided wrist pain
Chair: Niki van der Walt & Steve Carter

0730-0800	Registration	
0800-0815	Basic approach to USWP and examination	Mike Solomons
0815-0820	Discussion	
0820-0835	TFCC tears	Ajmal Ikram
0835-0840	Discussion	
0840-0855	DRUJ instability	Martin Wells
0855-0900	Discussion	
0900-0915	An algorithm for the treatment of arthritis of the wrist and DRUJ	Greg Packer
0915-0920	Discussion	
0920-0935	ECU pathology	Mike Carrides
0935-0940	Discussion	
0940-0955	Ulnar carpal impaction	Phillip Webster
0955-1000	Discussion	

1000-1030 Tea Break

Session 6: Wrist arthritis
Chair: Martin Wells & Wikus De Jager

1030-1045	SNAC & SLAC – classification and management	Duncan McGuire
1045-1050	Discussion	
1050-1105	Radioscapholunate fusions	Nikki van der Walt
1105-1110	Discussion	
1110-1125	Treatment options for the osteoarthritic wrist	Greg Packer
1125-1130	Discussion	
1130-1145	Wrist replacements	Mike Solomons
1145-1150	Discussion	
1150-1205	Wrist salvage after failed surgery including failed arthroplasty	Henk Giele
1205-1210	Discussion	
1210-1225	STT arthritis	Johan van der Westhuizen
1225-1230	Discussion	

1230-1330 Lunch

SCIENTIFIC PROGRAM

SUNDAY 1 MARCH 2020

Session 7: General**Chair: Ajmal Ikram & Adriaan Smit**

1330-1345	Dorsal and volar wrist ganglions	Steve Carter
1345-1350	Discussion	
1350-1405	Other carpal bone fractures (excluding scaphoid)	Paul Hatfield
1405-1410	Discussion	
1410-1425	Kienbocks disease – review of options and novel methods	Henk Giele
1425-1430	Discussion	
1430-1445	The evidence for the use of splints in common hand conditions	Trish Griffiths
1445-1450	Discussion	
1450-1505	The role of wrist arthroscopy in the diagnosis and treatment of wrist problems	Greg Packer
1505-1510	Discussion	
1510-1535	Wrist arthroscopy – where I've come from and where I'm going	Martin Wells
1535-1540	Discussion	

1540	Congress closure
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PRIZES & AWARDS

SASSH REGISTRAR PRIZE: R3 500.00

This award is available for the best paper read at the SASSH Congress by a registrar or junior consultant (i.e. within one year after qualification and/or registration).

SASSH THERAPIST PRIZE: R2 500.00

This prize is sponsored by SASSH and is presented for the best paper read at the SASSH Congress by a hand therapist (physio- or occupational therapist)

ISIDORE KAPLAN LITERARY AWARD: R10 000.00

This prize is sponsored by SASSH for the best publication by a registrar or consultant between 1 January and 31 December of the previous year.

ASSH BUNNELL TRAVELING FELLOWSHIP

The ASSH Bunnell Travelling Fellowship is awarded annually to any member of SASSH at registrar level. This will allow for complimentary registration to the annual ASSH meeting as well as visits to local hand centres.

SASSH TRAVELING FELLOWSHIP IN HAND SURGERY: R30 000.00

A Travelling Fellowship has been created to enable a Senior Registrar/Junior Consultant to travel overseas to visit one or more centres of excellence in Hand Surgery.

STRATMED PRIZE FOR THE BEST RESEARCH PAPER **STRATMED**

This prize is sponsored by STRATMED and awarded annually for the best research paper presented at the SASSH Annual Congress.

The prize is open to all categories of currently paid-up members of SASSH. The value of this award includes the cost of all flights, accommodation and registration fees to the following year's FESSH (Federation of European Societies for Surgery of the Hand) Congress.

AFFORDABLE MEDICAL ANNUAL AWARD: R35 000.00 **acumed**

This grant is sponsored by AFFORDABLE MEDICAL and awarded annually to a member of SASSH for accessing hand surgery expertise.



STAY IN TOUCH

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