

WRIST ARTHROSCOPY COURSE

CAPE TOWN SOUTH AFRICA

Basic to Intermediate Course

Neuroscience Institute Laboratory, Groote Schuur
Hospital, Observatory, Cape Town

Training on Anatomical Specimen
January 26 and 27, 2024



Organized by IWAS the International Wrist Arthroscopy Society
and the IRCAD-IWC GROUP (International Wrist Center)

With the support of SASSH the South African Society for Surgery of the Hand

COURSE DIRECTORS

Petrus VAN HOONACKER (Belgium)

Henk COERT (Netherlands)

Martin WELLS (South Africa)

COURSE SUPERVISORS

Jan-Ragnar HAUGSTVEDT (Norway)

Christophe MATHOULIN (France)

FACULTY

Professor Henk Coert, Netherlands

Professor Jan-Ragnar Haugstvedt, Norway

Professor Christophe Mathoulin, France

Dr Petrus van Hoonacker, Belgium

Dr Bert van Mierlo, Belgium

Dr Chul Ki Goorens, Belgium

Dr Ajmal Ikram, South Africa

Dr Pieter Jordaan, South Africa

Dr Ian Koller, South Africa

Dr Adriaan Smit, South Africa

Dr Martin Wells, South Africa

Smith+Nephew

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PROGRAM

Friday 26 January 2024 DAY 1

7:45 registration

8:00 Lecture 1

Wrist arthroscopy anatomy	Pieter Jordaan
Portals	Adriaan Smit
Indications of wrist arthroscopy	Martin Wells
Complications of wrist arthroscopy	Adriaan Smit
Radial Styloidectomy	Ajmal Ikram
Volar wrist ganglions	Ian Koller

9:30 Practical 1

All Faculty

Exploration of a normal wrist

Synovectomy

Styloidectomy

Resection of volar wrist ganglion

12:30 Lunch at the institute

13:30 Lecture 2

Anatomy of scapholunate complex & scapholunate tears : current approach and advanced techniques
Christophe Mathoulin

Dorsal wrist ganglions
Jan-Ragnar Haugstvedt

Arthroscopic dorsal diel roundblock capsuloplasty for dynamic scapholunate instability
Chul Ki Goorens

Arthroscopic 3LT technique
Henk Coert

Friday 26 January 2024

DAY 1 Continued

14:30 Practical 2

All Faculty

Scapholunate repair (arthroscopic dorsal capsuloligamentous repair)

Resection of dorsal wrist ganglion

Advanced arthroscopic scapholunate techniques

Saturday 27 January 2024

DAY 2

8:30 Lecture 3

Anatomy of TFCC

Jan-Ragnar Haugstvedt

Principles of TFCC repair peripheral & foveal

Jan-Ragnar Haugstvedt

Distal ulna resection

Henk Coert

Scaphoid non-union

Petrus Van Hoonacker

9:30 Practical 3

All Faculty

TFCC repair

Arthroscopic Wafer procedure

Scaphoid nonunion repair

12:30 Lunch at the institute

13:30 Lecture 4

Wrist arthroscopy in distal radius fracture

Bert Vanmierlo

STT arthroscopy

Henk Coert

CMC thumb arthroscopy

Henk Coert

Saturday 27 January 2024

DAY 2 Continued

14:30 Practical 4

All Faculty

Wrist arthroscopy in distal radius fracture

STT arthroscopy

CMC arthroscopy

Free practical dissection

17:30 End of the course

Certificates