



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

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MICRO COURSE MARCH 2024

March 5th – 8th 2024

Faculty : Chetan Patel (CP), Himal Sooka (HS), Roger Nicholson (RN), Mahendra Daya (MD), Marshal Murdoch

Participants : 10

Venue : Zeiss Head Office, 363 Oak Avenue, Ferndale, Johannesburg

Tuesday March 5th

9h00 – 15h00 Laboratory preparation – faculty and nursing sisters

Wednesday March 6th

8h30 – 8h45	Introduction	CP
8h45 – 9h30	Getting comfortable with the microscope	CP
9h30 – 10h00	Know your instruments	HS

10h00 – 10h30 *Coffee*

10h30 – 12h30	Needle Gymnastics – needle and instrument handling Practice on artificial vessels and foam	MD
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12h30 – 13h30 *Lunch*

13h30 – 16h30	Preparing the chicken model, tissue handling and principals of end to end anastomosis	CP
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Thursday March 7th

8h00 – 10h00	Vessel preparation and end to end anastomosis	HS
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10h00 – 10h30 *Coffee*

10h30 – 12h30	End to side anastomosis	MM
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12h30 – 13h30 *Lunch*

13h30 – 16h30	Difficult Anastomosis (Vessel mismatch)	MD
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Friday March 8th

8h00 – 10h00	Nerve Repairs	RN
10h00 – 10h30	<i>Coffee</i>	
10h30 – 12h30	Vein grafts	MM
12h30 – 13h30	<i>Lunch</i>	
13h30 – 15h30	Practice Session	
15h30	Conclusion	

Yours sincerely

A handwritten signature in black ink, appearing to read 'Chetan Patel', with a stylized flourish at the end.

Chetan Patel
Course Co-ordinator