



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND  
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE



# ANNUAL REFRESHER COURSE



**27-28 FEBRUARY 2016**

**THREE CITIES GATEWAY HOTEL, UMLANGA, KZN**

## Orthopaedic Surgery

Limit uncertainty with clinical hindsight and innovative products in upper extremity

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# Refresher Course 2016

*The Annual Refresher Course of The SA Society for Surgery of the Hand*

*27-28 February 2016*

*Umhlanga KZN*

## *Microneural and Microvascular Surgery*

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# Welcome Message President : SASSH

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*Dr Roger Nicholson*

A warm welcome to all delegates.

In addition to our local faculty we are lucky enough to have an international guest for this year's refresher course. Professor Rod Hentz is from Stanford University and is part of the American Society for Surgery of the Hands 2016 International Visiting Professor Program. Rod, we thank you and the ASSH for organizing this visit.

Please remember this is an informal meeting and it is up to you, the audience, to engage and challenge the speakers during the discussions.



# Welcome Message : Course Convener

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*Dr Bronwen Schoenfeld*

I would like to welcome all of you to the 2016 SASSH refresher course.

An especially warm welcome is extended to our overseas and local guest speakers. We appreciate your time and effort and hope you will enjoy our proudly South African hospitality.

Durban is a beautiful city which has benefitted from extensive development and a major facelift recently.

With the picturesque Drakensberg mountains, warm Indian Ocean, Battle Fields and numerous "Big 5" game farms all within close proximity, KwaZulu-Natal offers an unparalleled diversity of culture and beauty.

I hope you will enjoy this opportunity to enhance your knowledge, and to interact with each other as colleagues and friends.

I would also like to take this opportunity to thank the trade and sponsors who help to make this meeting possible with their continued support.

# International Visitor

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Dr Rod Hentz

Dr Hentz is currently Professor of Hand and Upper Limb Surgery in the Department of Surgery and Professor of Orthopaedic Surgery at Stanford University.

He earned his medical degree in 1968 from the University of Florida College of Medicine and completed a residency in General Surgery and Plastic Surgery at Stanford University.

Following a year as a Hand Fellow with J William Littler in New York City, Dr Hentz joined the faculty in the Department of Surgery at Stanford in 1975.

He has served as a chief of Hand Surgery Service since 1985.

He is the author or co-author of more than 100 peer-reviewed publications, 50 book chapters and 6 books.

His current research involves the development of techniques for evaluating anatomy and function in damaged or paralyzed limbs and the improvement of surgical procedures to enhance and restore impaired function.



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# General Announcements & Information

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## VENUE

The meeting will convene in the Conference Room Area on the ground floor at the Three Cities Gateway Hotel, Umhlanga. There will be an informal meet-and-greet in the Exhibition Area, in front of the Conference Room, on Friday evening between 18h00 - 23h00.

## INFORMATION/REGISTRATION DESK

The Information/Registration Desk will be situated in the Foyer on the Ground Floor in front of the Exhibition Conference Room for the duration of the event. The desk will be open for registration at the following times:

Friday 26 February 2016	18h00 - 19h00
Saturday 27 February 2016	07h00 - 07h30
Sunday 28 February 2016	08h00 - 08h30

Please feel free to visit the Desk should you require any assistance

## LANGUAGE

Official language of the congress will be English. No simultaneous translation service will be provided

## ADMISSION BADGES

Participants are requested to wear their admission badges during the course of the event.

## CPD REGISTER

Application has been made through the University of Stellenbosch for Continuing Professional Development (CPD) accreditation of this event.

Delegates are required to register daily at the Discovery Health Desk in the Foyer.

You will receive notification via a sms message to download your certificate from the website, [www.mycpd.cc.za](http://www.mycpd.cc.za)

## DRESS CODE

Casual attire for congress sessions

## IMPORTANT

- Name tags should be worn at all times. Only delegates wearing name tags will be permitted to enter the lecture hall, exhibit on area and the social function;
- The use of cell phones in the lecture hall is not allowed

## INFORMATION FOR SPEAKERS

Keeping to your allocated time is a courtesy to all following speakers. The chairs of the sessions have been instructed to exert tight control and interrupt lengthy presentations. Please make sure you are aware of the time allotted to you for your presentation.

Please hand your presentation to the audio-visual technicians at least 3 hours prior to the session in which the presentation is being given. They will be available in the congress venue to receive your material

## SMOKING

In accordance with Government Legislation regarding smoking in public areas, kindly note that this venue is a non-smoking area

## TRADE EXHIBITORS

The trade exhibition will be located on the Ground Floor in front of the Conference Room. Companies and suppliers will exhibit their newest innovations and will be available to answer questions.

Kindly make every effort to visit all the stands.

Teas and lunches will be served in the trade exhibition area.



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# Refresher Course 2016

**EVENT** The Annual Refresher Course of The SA Society for Surgery of the Hand  
**DATE** 27-28 February 2016  
**VENUE** Umhlanga KZN  
**TOPICS** MICRONEURAL AND MICROVASCULAR SURGERY.

## SCIENTIFIC PROGRAM

SASSH have compiled an interesting program that is aimed at orthopaedic and plastic surgeons and registrars as well as, hand, physio and occupational therapists.

## Provisional Scientific Program

### SATURDAY 27 FEBRUARY

07h30	Registration	
08h00	Welcome and Announcements	Dr B Schoenfeld

## Nerve Repair

<b>SESSION ONE</b>	<b>CHAIRMAN: DR BRONWEN SCHOENFELD</b>	
08h05-08h25	Nerve Repair and Regeneration	Dr R Hentz
08h25-08h35	Discussion	
08h35-08h55	NCV's and EMG's - What Surgeons Need to Know!	Dr F Maxwell
08h55-09h05	Discussion	
09h05-09h25	Nerve Grafting	Dr R Hentz
09h25-09h35	Discussion	
09h35-09h50	What Results Should One Expect After Nerve Repair and Grafting in the arm and forearm.	Dr C Patel
09h50-09h55	Discussion	
09h55-10h30	<b>TEA</b>	



## Nerve Transfers and Pain

### SESSION TWO

#### CHAIRMAN: DR ERICH MENNEN

10h30-10h50	Nerve Transfers - The New Paradigm	Dr R Hentz
10h50-11h00	Discussion	
11h00-11h15	Surgical treatment of Neuropathic Pain	Dr A Smit
11h15-11h20	Discussion	
11h20-11h40	The Therapists and Neuropathic Pain	Ms D Devan
11h40-11h45	Discussion	
11h45-12h05	Nerve lesions, Fibromyalgia, Myofascial Pain Syndromes and Factitious Disorders	Dr S Bechan
12h05-12h15	Discussion	
12h15-12h30	Rehabilitation after Nerve Repair and Grafting	Ms J Blenkinsop
12h30-12h35	Discussion	
12h35-13h30	<b>LUNCH</b>	

## Compression Neuropathy

### SESSION THREE CHAIRMAN: DR ADRIAAN SMIT

13h30-13h45	Thoracic Outlet Syndrome	Dr M Solomons
13h45-13h50	Discussion	
13h50-14h05	Compressions of the Median Nerve	Dr P Hatfield
14h05-14h20	Discussion	
14h20-14h25	Compressions of the Ulnar Nerve	Dr A Rocher
14h25-14h30	Discussion	
14h30-14h45	Compressions of the Radial Nerve	Dr S Carter
14h45-14h50	Discussion	
14h50-15h10	<b>TEA</b>	

## Brachial Plexus Injuries

### SESSION FOUR CHAIRMAN: DR MIKE SOLOMONS

15h10-15h30	Management of Adult Brachial Plexus Injuries	Dr R Hentz
15h30-15h40	Discussion	
15h40-16h00	Management of Birth Brachial Plexus Palsies	Dr R Hentz
16h00-16h10	Discussion	



## SUNDAY 28 FEBRUARY

### *Microvascular Surgery*

<b>SESSION FIVE</b>	<b>CHAIRMAN: DR NIKKI VAN DER WALT</b>	
08h30-08h50	Reconstruction of Soft Tissue Defects in the Upper Limb	Dr R Hentz
08h50-09h00	Discussion	
09h00-09h15	Basic Techniques in Microvascular Surgery	Dr G Ash
09h15-09h20	Discussion	
09h20-09h35	Anastomoses, Tricks, Tips and Coupling Devices	Dr J Block
09h35-09h40	Discussion	
09h40-09h55	Replantation and Revascularisation: Tips and Techniques	Dr R Nicholson
09h55-10h00	Discussion	
10h00-10h40	<b>TEA</b>	

### *Microvascular Surgery*

<b>SESSION SIX</b>	<b>CHAIRMAN: DR STEVE CARTER</b>	
10h40-10h55	Toe to Hand Transfers	Dr Mvd Velde
10h55-11h00	Discussion	
11h00-11h15	Free Vascularised Bone Grafts	Dr R Nicholson
11h15-11h20	Discussion	
11h20-11h55	Free Functioning Muscle Transfers	Dr A Jenkin
11h55-12h00	Discussion	
12h00-12h15	New Super Thin Perforator Flaps for Hand Cover	Dr D Liakos
12h15-12h20	Discussion	
12h20-13h15	<b>LUNCH</b>	

### *Microvascular Surgery*

<b>SESSION SEVEN</b>	<b>CHAIRMAN: DR ROGER NICHOLSON</b>	
13h15-13h30	Pharmacological manipulation of Flaps	Dr D Liakos
13h30-13h35	Discussion	
13h35-13h50	Post-Operative Monitoring and Salvage of the Failing Free Flap	Dr C Patel
13h50-13h55	Discussion	
13h55-14h10	Vascular Disorders	Dr M Solomons
14h10-14h15	Discussion	
14h15-14h30	Closure of Course	Dr B Schoenfeld



# Trade Exhibitors

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The SASSH would like to express its sincere appreciation to the following companies for their participation at this event:

Acumed (Affordable Medical)



Stratmed



Surgitech



Bone SA



DePuySynthes



Evolabs



# Sponsors

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Brochure

The President and Executive Committee of SASSH would like to thank the trade for their participation and continuous sponsorship of the Annual Refresher Course.

Without your support events of this nature will not be possible.



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