



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

ANNUAL REFRESHER COURSE

25-26 FEBRUARY 2017

VINEYARD HOTEL AND CONFERENCE CENTRE



INTEGRA UPPER LIMB SOLUTIONS





ANNUAL REFRESHER COURSE

25-26 FEBRUARY 2017

PROTEA HOTEL AND CONFERENCE CENTRE OR TAMBO

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WELCOME MESSAGE



PRESIDENT: Dr Roger Nicholson

A warm welcome to all delegates.

In addition to our local faculty we are lucky enough to have two international guests for this year's refresher course.

We would like to thank Professor David Warwick from Southampton University Hospital as well as Dr Henk Giele from Oxford, for taking the time out their busy schedule to travel to Cape Town and share their expertise with us.

Please remember this is an informal meeting and it is up to you, the audience, to engage and challenge the speakers during the discussions.

With sincere regards
Dr Roger Nicholson

WELCOME MESSAGE



COURSE CONVENER SASSH: Ajmal Ikram

Dear Members, Colleagues, Friends in Hand Surgery

On behalf of the President of The South African Society for Surgery of the Hand, I wish you all a successful and prosperous 2017.

We extend to you a very warm welcome to the 30th Annual Refresher Course of The South African Society for Surgery of the Hand here at the 2017 at the Vineyard Hotel, Cape Town.

We look forward to this special Refresher Course touching on a variety of topics including Hand Infections, Tumours, Amputations, Rehabilitation and Splints. I wish to thank Dr Martin Wells and Prof. Mike Solomons who have helped me prepare an exciting course programme.

We are privileged to have two renowned international speakers sharing their extensive knowledge of hand surgery at his course. Welcome and thank you to Professor David Warwick who is the senior Hand Surgeon at the Southampton University Hospital in the United Kingdom, and to Professor Henk Giele who is Consultant in Plastic, Reconstructive and Hand Surgery, with massive experience in the management of skin and soft tissue tumours, cancers, trauma, general reconstruction and congenital anomalies.

Thank you for joining us in Cape Town at a fantastic time of the year. We invite you to engage in the academic discussion for a memorable hand and wrist course!

With sincere regards
Ajmal Ikram



INTERNATIONAL VISITORS



PROFESSOR DAVID WARWICK

Professor David Warwick is the senior Hand Surgeon at the Southampton University Hospital in the United Kingdom. His teaching, research, and international reputation were rewarded by the University of Southampton with an Honorary Professorship in 2013. His NHS contribution has been rewarded with a Bronze Clinical Excellence award.



MR HENK GIELE

Mr Henk Giele is a Consultant in Plastic, Reconstructive and Hand Surgery. Mr Giele's experience embraces the management of skin and soft tissue tumours, cancers, trauma, general reconstruction and congenital anomalies. He is involved in post-graduate education and training, joining the Committee for the International Instructional Courses in Hand Surgery run by the British Society for Surgery of the Hand (2000-2005), and by running the training programme for plastic surgical trainees in the Oxford-Wessex region as the programme director.

Orthopaedic Surgery

Limit uncertainty with clinical hindsight and innovative products in upper extremity



PIP implants

Pyrocarbon PIP
total joint implant
Silicone PIP
implant

GENERAL ANNOUNCEMENTS AND INFORMATION

INFORMATION/REGISTRATION DESK

The meeting will convene in the Conference Area designated as "Camphor" on the first floor at the Vineyard Hotel, Newlands.

The Information/Registration Desk will be situated in the Foyer on the Ground Floor in front of the Exhibition Conference Room for the duration of the event. The desk will be open for registration at the following times:

Saturday 25 February 2017 07h00 – 08h00

Sunday 26 February 2017 07h30 – 08h00

Please feel free to visit the Desk should you require any assistance

LANGUAGE

Official language of the congress will be English. No simultaneous translation service will be provided

ADMISSION BADGES

Participants are requested to wear their admission badges during the course of the event.

CPD REGISTER

Application has been made through the University of Stellenbosch for Continuing Professional Development (CPD) accreditation of this event.

Delegates are required to register daily at the Discovery Health Desk in the Foyer.

You will receive notification via a sms message to download your certificate from the website, www.mycpd.co.za

DRESS CODE

Casual attire for congress sessions

IMPORTANT

- Name tags should be worn at all times. Only delegates wearing name tags will be permitted to enter the lecture hall, exhibition area and the social function.
- The use of cell phones in the lecture hall is not allowed

INFORMATION FOR SPEAKERS

Keeping to your allocated time is a courtesy to all following speakers. The chairs of the sessions have been instructed to exert tight control and interrupt lengthy presentations. Please make sure you are aware of the time allotted to you for your presentation.

Please hand your presentation to the audio-visual technicians at least 3 hours prior to the session in which the presentation is being given. They will be available in the congress venue to receive your material

SMOKING

In accordance with Government Legislation regarding smoking in public areas, kindly note that this venue is a non-smoking area

TRADE EXHIBITORS

The trade exhibition will be located on the Ground Floor area designated as "Summerhouse".

Companies and suppliers will exhibit their newest innovations and will be available to answer questions. Kindly make every effort to visit all the stands.

Teas and lunches will be served in the trade exhibition area.



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MCP implants

Pyrocarbon MCP Total
Joint implant
Silicone MCP implant



ANNUAL REFRESHER COURSE 2017

25-26 FEBRUARY 2017

THE VINEYARD HOTEL, CAPE TOWN

TOPICS

INFECTION, TUMOURS, AMPUTATIONS, REHABILITATION & SPLINTS

SCIENTIFIC PROGRAM

SASSH have compiled a stimulating program that is aimed at orthopaedic and plastic surgeons and registrars as well as, hand, physio and occupational therapists.

SATURDAY 25 FEBRUARY

07h00	Registration	
08h00	Welcome and Announcements	Dr Ajmal Ikram
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SESSION ONE	CHAIRMAN: Marlin Wells/Nikki van der Walt	
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08h00-08h15	Hand Infections 1 (Paronychia, Felon & Web space)	Dr Michael Carides
08h15-08h30	Hand Infections 2 (Flexor Sheath & Mid Palmar)	Dr Martin Wells
08h30-08h35	Discussion	
08h35-08h50	Tuberculosis of Wrist and Hand	Dr Ajmal Ikram
08h50-09h05	Fungal & other hand infections including MOTT	Dr Cameron Anley
09h05-09h10	Discussion	
09h10-09h20	Bite Injuries Prof	Ulrich Mennen
09h20-09h30	Animal Bites	Dr J vd Westhuizen
09h30-09h35	Discussion	



09h35- 10h00	Physiotherapy in oedema & stiffness management post infections	Nureesah Hendricks
10h00-10h25	What is new in Antibiotics/Antibiotic Stewardship	Dr Reinhard Boehmer
10h25-10h30	Discussion	
10h30-11h00	TEA	

SESSION TWO CHAIRMAN: MICHAEL CARIDES/STEVE CARTER

11h00-11h20	Dupuytren's Disease: History, Xiapex & Skin grafting	Prof David Warwick
11h20-11h25	Discussion	
11h25-11h40	Basal/Squamous cell carcinoma-approach in the hand	Dr Chetan Patel
11h40-11h45	Discussion	
11h45-12h00	Malignant Melanoma	Dr Mark van der Velde
12h00-12h05	Discussion	
12h05-12h20	Giant Cell Tumours	Dr Dirk Van der Spuy
12h20-12h25	Discussion	
12h25-12h40	Soft tissue Benign tumours (Lipoma, inclusion cyst/glioma)	Dr Cynthia Sathekga
12h40-12h45	Discussion	
12h45-13h05	Nerve Tubes	Prof David Warwick
13h05-13h10	Discussion	
13h10-14h15	TEA	

SESSION THREE CHAIRMAN: Andrew Barrow/ Dirk van Der Spuy

14h15-14h30	Nerve Tumors (Benign & Malignant)	Dr N van der Walt
14h30-14h35	Discussion	
14h35-14h50	Benign Bone Tumours (excluding GCT)	Dr Paul Hatfield

14h55-15h10	Malignant Bone tumours	Prof Theo le Roux
15h10-15h15	Discussion	
15h15-15h35	Imaging in Tumours of soft tissue & Bone Tumours	Dr G Thompson
15h35-15h40	Discussion	
15h35-15h55	Update on management of Distal Radius Tumours	Dr Keith Hosking
15h55-16h00	Discussion	

SESSION FOUR CHAIR: ERICH MENNEN /PHILIP WEBSTER

16h30-16h50	Ulnar Corner Pain	Prof David Warwick
16h50-16h55	Discussion	
16h55-17h10	Ganglion	Dr Steve Carter
17h10-17h15	Discussion	
17h15-17h30	Vascular Malformations	Dr Duncan McGuire
17h30-17h35	Discussion	
17h35-17h55	PIPJ replacement	Prof David Warwick
17h55-18h00	Discussion	

SUNDAY 26 FEBRUARY

07h30-07h50	Registration
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SESSION FIVE CHAIR AJMAL IKRAM/JOHAN VAN DER WESTHUIZEN

08h00-08h20	DRUJ Instability/arthritis	Prof David Warwick
08h20-08h25	Discussion	
08h25-08h40	To replant or not	Dr Andrew Barrow
08h40-08h45	Discussion	
08h45-09h00	Finger and Ray Amputations	Dr Roger Nicholson
09h00-09h05	Discussion	
09h05-09h20	Amputations around wrist and arm	Dr Erich Mennen
09h20-09h25	Discussion	



09h25-09h40	Cosmetic Silicon & Osteointegration prostheses	Eugene Rossouw
09h40-09h45	Discussion	
09h45-10h00	Functional arm prostheses	Eugene Rossouw
10h00-10h05	Discussion	
10h05-10h25	Distal Radius Fractures	Prof David Warwick
10h20-10h30	Discussion	
10h30-11h15	TEA	

SESSION SIX CHAIR: Roger Nicholson /Mark Van der Velde

11h15 -11h35	Biological Reconstruction of upper limb Sarcomas	Dr Henk Giele
11h35-11h40	Discussion	
11h40-11h55	The psychological aspects of hand therapy in post trauma	Ms Tamryn Vivian
11h55-12h00	Discussion	
12h00-12h25	Management of Osteomyelitis of the Upper Limb	Dr Henk Giele
12h25-12h30	Discussion	
12h30-13h00	Dupuytren's Management debate moderated by - Needle aponeurotomy -Xiapex -Limited fasciotomy	Prof David Warwick Dr Duncan McGuire Prof David Warwick Dr Steve Carter
13h00-14h00	LUNCH	



SESSION SEVEN CHAIR: Ulrich Mennen/Duncan McGuire

1400-1420	Time Management by busy Surgeon	Prof David Warwick
1420-1425	Discussion	
1425-1455	Work Rehabilitation- Addressing the Challenges to Enable Injured Workers to Sustainability return at Work	Lindsay Scott
1455-1500	Discussion	
1500-1525	Wrist Arthritis	Prof David Warwick
1525-1530	Discussion	
1530	Closure by the President	Dr Roger Nicholson

**Next SASSH Event will be the
48th Annual Congress to be
held in Port Elizabeth during
the weekend of 1 – 3 September 2017.
Please diarise this date!**



TRADE EXHIBITORS

The SASSH would like to express its sincere appreciation to the following companies for their participation at this event:

Acumed (Affordable Medical)



Surgitech



DePuySynthes



Stratmed



Evolabs

EVOLABS

SPONSORS

DePuySynthes

Audio Visual



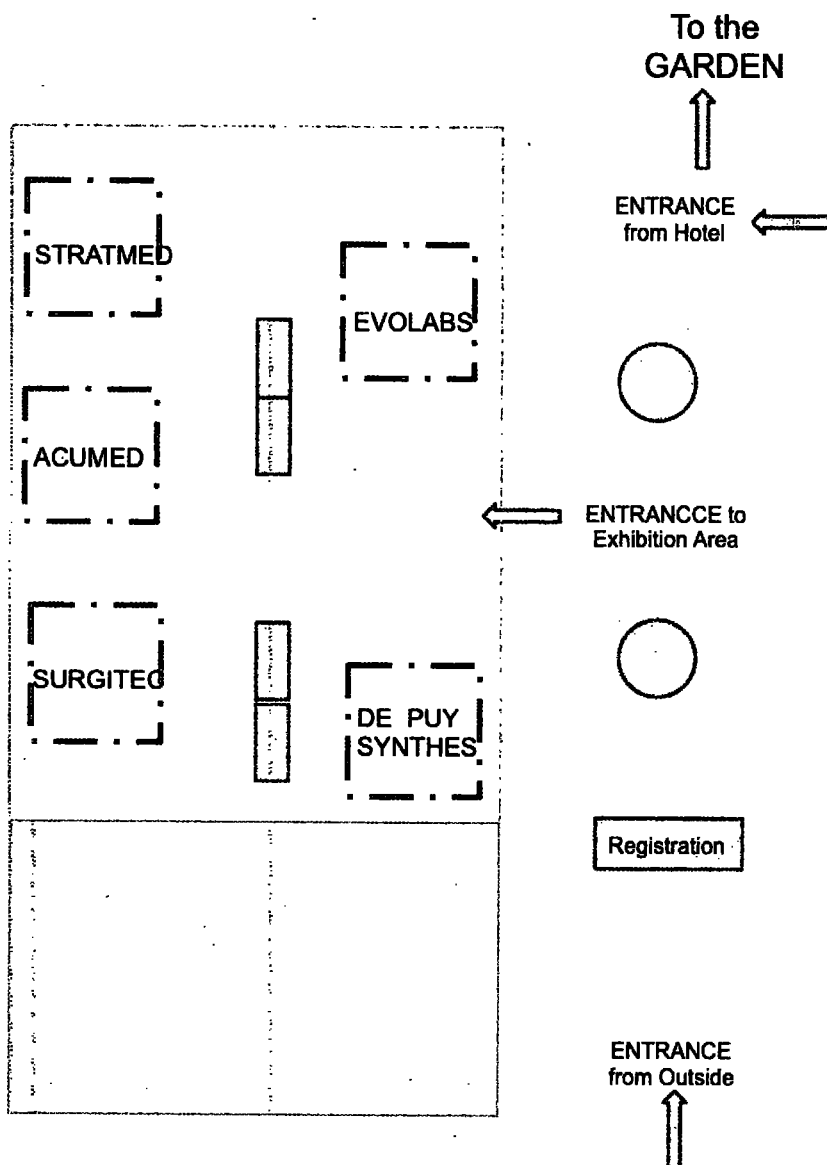
Surgitech

Brochure



*The President and Executive Committee of SASSH would like to thank the trade for their participation and continuous sponsorship of the Annual Refresher Course.
Without your support events of this nature will not be possible.*

EXHIBITORS



Orthopaedic Surgery

Limit uncertainty with clinical hindsight and innovative products in upper extremity



Integra® CMRH®

Carbon Modular
Radial Head



Integra® MRH®

Cobalt Chrome
Modular
Radial Head

Innovative Solutions for a Range of Specialised Upper Extremity Surgical Procedures

The Surgitech brand
Our leadership status and proud
reputation rest on three pillars:

EXPERTISE

Training our staff at the highest tiers of specialist knowledge, and constantly keeping abreast of surgical advances.

EXCEPTIONAL SERVICE

Providing the finest equipment and most meticulous training to empower medical professionals.

EXTRAORDINARY CARE

Combining professionalism and compassion in striving for the healing and wellbeing of patients.



PIP implants

Pyrocarbon PIP Total Joint Implant
Silicone PIP Implant



MCP implants

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Silicone MCP Implant



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