THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

APPLIED ANATOMY, CONGENITAL DIFFERENCES,
ETHICS, MICROVASCULAR SURGERY
AND/CEREBRAL PALSY

ANNUAL REFRESHER COURSE

ELANGENI HOTEL, DURBAN

21 – 22 FEBRUARY 2009

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FROM THE PRESIDENT, DR MARTIN WELLS

It is a privilege for me to welcome you to Durban on behalf of The South African Society for Surgery of the Hand for our Annual Refresher Course.

SASSH is dedicated to the education and practice of Hand Surgery in South Africa and refreshing our national knowledge of Hand Surgery in a five year cycle. This Course focuses on Congenital Differences, Microsurgery and its Applications. Cerebral Palsy, Anatomy and Ethics.

We wish to thank the trade for supporting our Course so generously. You are doing this despite a difficult economic climate, because you know that our partnership is important for the benefit of our patients.

We are so fortunate that our colleagues have taken out valuable time to prepare and share these hand surgery concepts and principles. I would like to thank each instructor for your research into the topic, your hours of preparation also of visual material and your willingness to share your experience with us.

On behalf of the Executive Committee of SASSH we urge you to watch and listen carefully, then question liberally and finally put these principles into practice for the help and improvement of service to our patients.

Finally, a special thank you to Dr Michael Solomons for assisting me in preparing the Scientific Program and a very special thank you to Ms Hendrika van der Merwe for doing all the hard work in administrative, social and venue preparations.

Let us thoroughly enjoy this time together!!

"Thinking is the hardest work there is.

That is why so few people engage in it". Henry Ford

GENERAL ANNOUNCEMENTS and INFORMATION

CPD REGISTER

- Discovery Health will be responsible for online daily registration

DRESS CODE

Casual attire for congress sessions and smart casual for the social function

IMPORTANT

- Name tags should be worn at all times. Your name tag will contain the bar code by which you wil. be scanned on a daily basis for CPD points. Only delegates wearing name tags will be permitted to enter the lecture hall, exhibition area and the social function
- The use of cell phones in the lecture hall is not allowed

INFORMATION FOR SPEAKERS

Keeping to your allocated time is a courtesy to all following speakers. The chairs of the sessions have been instructed to exert tight control and interrupt lengthy presentations. Please make sure you are aware of the time allotted to you for your presentation

Please hand your presentation to the audiovisual technicians at least 3 hours prior to the session in which the presentation is being given. They will be available in the congress venue to receive your material

INFORMATION/REGISTRATION DESK

The Information/Registration Desk will be situated in the Foyer of the Conference Area Please feel free to visit the Desk should you require any assistance

LANGUAGE

The official language of the congress will be English. No simultaneous translation service will be provided

SMOKING

In accordance with Government Legislation regarding smoking in public areas, kindly note that this venue is a non-smoking area

SOCIAL FUNCTION

Saturday 21 February

Dress: Casual

19:15 Transport will leave from the back entrance of the hotel

TRADE EXHIBITORS

Kindly make every effort to visit all the stands

Teas and lunches will be served in the trade exhibition area

ORGANIZING COMMITTEE

Chairman Dr Martin Wells

Member Dr Michael Solomons

Course Co-ordinator Hendrika van der Merwe

FUTURE SASSH EVENTS

❖ SASSH CONGRESS 2009

Event 40th Annual Congress

Date 28 - 30 August 2009

Venue Champagne Sports Resort, Drakensberg, KZN

International Dr F del Piñal from Spain

SASSH REFRESHER COURSE 2010

Topic Nerve, Pain, BPI, Sudeck's, Tendon Transfers

Date TBA

Venue Cape Town

<u>Diarise these dates because SASSH would like to welcome you</u>

to these future events!

SCIENTIFIC PROGRAM

Saturday 21 February 2009

07:15-07:50	Registration Venue: 1st Floor, Conference Centre, Elangeni Hotel	
07:50-08:00	Welcome and Announcements	Martin Wells: President of SASSH and Course Chairman
SESSION ONE	CHAIR: DR MARTIN WELLS & MS DERSHNEE DEVAN	
08:00-08:15	Extensor Mechanism of the Hand: Functional, Clinical, Surgical Anatomy. (This talk will cover the intricate anatomy of the extensor apparatus with specific regard to the intrinsic tendons and their role in digital balance. Clinically relevant conditions such as Mallet Finger, Swan Neck and Boutonniere will be covered)	Johan v d Westhuizen
08:15-08:20	Discussion	
08:20-08:30	Splinting Techniques for Extensor Tendon Injuries	Renske de Lange
08:30-08:35	Discussion	-
08:35-08:50	Micro Neurovascular Anatomy of the Hand. (This talk will explore some of the recent work on microcirculation around the hand and fingers and the clinical relevance with respect to flaps in hand surger	Marshall Murdoch
08:50-08:55	Discussion	
08:55-09:10	The Small Joints of the Hand: Clinical and Functional Anatomy. Exploring Biomechanics and Applications to Stiffness, Instability and Replacements	Sean Pretorius
09:10-09:15	Discussion	
09:15-09:25	Therapy of Stiff Small Joints of the Fingers	Lynne Pringle
09:25-09:30	Discussion	
09:30-09:50	Anatomy of the Nail and Nail Bed and the Clinical Implications. (This talk will cover the specific features of the nail area and give insight into the multitude of common clinical problems that present in this area)	Adriaan Smit
09:50-09:55	Discussion	
09:55-10:10	Clinically relevant Elbow and Forearm Anatomy. (This talk will cover the important surgically specific anatomy of the elbow, including the MCL and the forearm interosseous membrane)	Shameem Osman
10:10-10:15	Discussion	
10:15-10:25	Rehabilitation Techniques following Elbow Trauma or Surgery	Jennifer Blenkinsop
10:25-10:30	Discussion	
10:30-11:10	TEA	
SESSION TWO	CHAIR: DRS PHILIP WEBSTER & NIEL v EEDEN	·
11:10-11:30	Congenital Radial Head Dislocation, Radio-Ulnar Synostosis: An Update on the Treatment of Two Uncommon Conditions	Ras Rasool
11:30-11:35	Discussion	
11:35-11:55	Madelung's Deformity: "What should the Surgeon do about this NOT uncommon Distal Radius Deformity	Ajmal Ikram
11:55-12:00	Discussion	
12:00-13:00	Is Surgical Amputation for Apotemnophilia Lawful or Ethical: Body Identity Disorders and other Ethical Dilemmas in Surgery	Sylvester C Chima
13:00-13:50	LUNCH	

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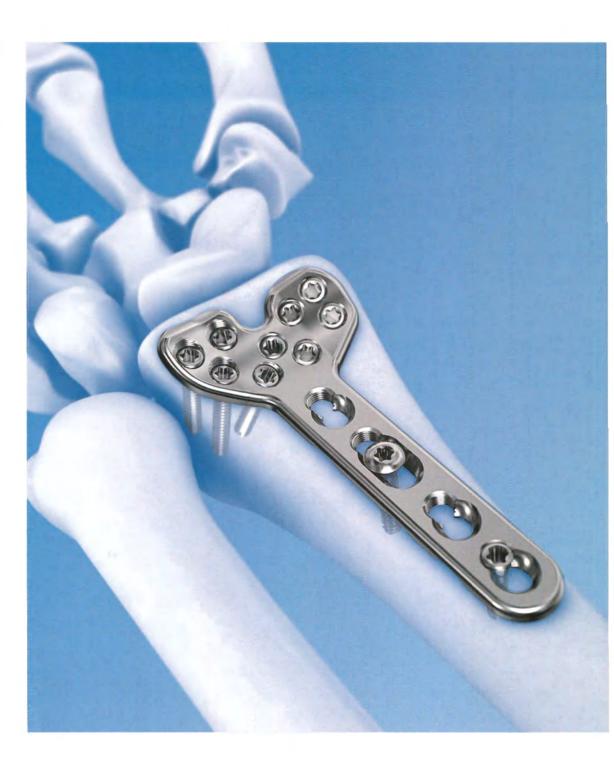
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SESSION THREE	CHAIR: DRS MICHAEL SOLOMONS & ERICH MENNEN			
13:50-14:00	Cerebral Palsy Hand Evaluation - Therapy Overall Approach	Madalene Delgado		
14:00-14:10	Cerebral Palsy Hand Evaluation - Surgical: An Overview of the Classification and Assessment of the CP Patient. Who Benefits from Surgery? How Aggressive Should We Be?	Michelle Maree		
14:10-14:20	Cerebral Palsy Botox Use	Einhard Erken		
14:20-14:25	Discussion			
14:25-14:45	Cerebral Palsy Surgical Procedures: An Overview of Surgery for the CP Upper Limb	Theo le Roux		
14:45-14:50	Discussion			
14:50-15:00	Cerebral Palsy: Therapy Techniques Post-operative	Madalene Delgado		
15:00-15:05				
15:05-15:45	TEA			
SESSION FOUR	CHAIR: PROF THEO LE ROUX & DR STEVE CARTER			
15:45-15:55	Radial Club Hand: Classification - An Overview of the Scope of the Problem	Stefan Colyn		
15:55-16:00	Discussion			
16:00-16:10	Radial Club Hand: Centralisation - How I do it	Ulrich Mennen		
16:10-16:15	Discussion			
16:15-16:25	Radial Club Hand: Distraction Technique	Stefan Colyn		
16:25-16:30	Discussion			
19:15 (strict)	Bus depart from Elangeni (back entrance)			
19:30	Social Function			

END OF DAY ONE

Sunday 22 February 2009

07:45-08:10	Registration Venue: 1st Floor, Conference Centre, Elangeni Hotel	
SESSION FIVE	CHAIR: DRS JOHAN vd WESTHUIZEN & ANDREW BARROW	
08:15-08:25	Polydactyly: Radial - The Duplicated Thumb: How and When to Treat, Which Thumb to Preserve and How do I manage the Collateral Ligaments	Steve Carter
08:25-08:35	Polydactyly: Ulnar - Extra Little Fingers: How and When to Treat	Michelle Maree
08:35-08:40	Discussion	
08:40-09:00	Syndactyly: A Full Discussion of the Different Types of this Common Congenital Hand Condition - How and When to Treat it	Mahendra Daya
09:00-09:05	Discussion	
09:05-09:15	Camptodactyly: How to Deal with those Bent Little Fingers. Should we Operate at All?	Michael Carides
09:15-09:20	Discussion	
09:20-09:40	Hypoplastic Thumb: Indications, Functional Benefits and Techniques	Mark van der Velde
09:40-09:45	Discussion	
09:45-09:55	Rehabilitation of Thumb Function	Isabel Mischke
09:55-10:00	Discussion	
10:00-10:40	TEA	
SESSION SIX	CHAIR: DRS MAHENDRA DAYA & MARK v d VELDE	
10:40-11:00	Basic Techniques and Equipment for Microvascular Repair. From Simple to Complex Microvascular Surgery; What are the Basic Techniques and Requirements?	Conrad Pienaar
11:00-11:05	Discussion	
11:05-11:20	Prevention of complications in microvascular surgery. Intraoperative and post operative strategies to limit problems in microvascular surgery including salvage of the failing flap, replant.	Franz Birkholtz
11:20-11:25	Discussion	
11:25-11:45	Replantation of Hand: What can/should be Done; Review of the Literature; Functional Deficit	Jackie Muller
11:45-11:50	Discussion	
11:50-12:10	Replantation of Hand: Rehabilitation	Cape Hand Clinic
12:10-12:15	Discussion	
12:15-12:35	Toe to Hand Transfer	Walter Stuart
12:35-12:40	Discussion	
12:40-13:30	LUNCH	
SESSION SEVEN	CHAIR: DRS MICHAEL CARIDES & JACKIE MULLER	
13:30-13:50	New Generation Free Flaps for Hand Surgery	Franz Birkholtz
13:50-13:55	Discussion	
13:55-14:15	Microneural Surgery. (This talk will cover various aspects of nerve surgery including suture versus glue, the role of nerve tubes etc.)	Michael Solomons
14:15-14:20	Discussion	
14:20-14:30	Therapy following Nerve Surgery	Niriksha Singh
14:30-14:35	Discussion	
14:35	Closure	Martin Wells, President

END OF MEETING

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