



# South African Society for Surgery of the Hand

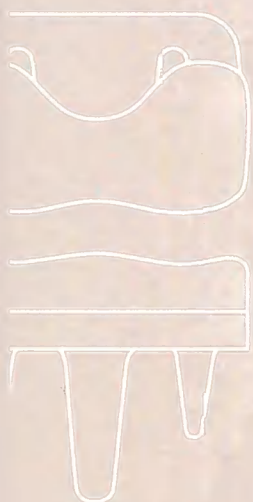
## **50th ANNUAL CONGRESS DURBAN 2019**





## CapFlex PIP

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# WELCOME MESSAGE FROM THE PRESIDENT



Dr Nikki van der Walt

Sanibonani nonke!

A warm Durban welcome to all surgeons, hand therapists and the Trade.

This is a very special Congress and a proud moment in the history of the South African Society for Surgery of the Hand.

50 Years ago, in 1969 the first SASSH Annual Congress was held in Pretoria, organized by Dr AJ Wienand. We have come a long way as a society since then, working hard to develop and promote the specialities of Hand surgery and Hand therapy in South Africa.

We acknowledge and thank our loyal trade partners for their continued support.

A special welcome and thank you to Dr Filip Stockmans who travelled all the way from Belgium to share his knowledge with us. May you fall in love with our beautiful country.

So once again we gather here as colleagues and friends: may we learn, teach and enjoy.

*May you live as if you were to die tomorrow,  
May you learn as if you were to live forever.  
Ghandi*

Nikki van der Walt



# WELCOME MESSAGE FROM THE CONGRESS ORGANISER



**Dr Antoine Rocher**

**Dear delegates,**

It is with great pleasure that I welcome you to the 2019 SASSH congress. Kwazulu-Natal takes pride in hosting the 50<sup>th</sup> Annual Congress in sunny Durban. There is a full program of scientific papers with a wide range of hand and wrist related topics. We are also looking forward to some great presentations from our guest speaker, Prof Filip Stockmans.

There will be sufficient time on Saturday afternoon to allow for reconnecting with colleagues and networking. On Saturday evening, we are delighted to have doctor and comedian, Rilaad Moosa to help celebrate our half-century landmark during the Gala evening.

Sunday's program has a slightly later start to allow some time for a walk on the beach or a swim in the ocean. You can even rent a surfboard or SUP at the local surf shop nearby. Three hours of early morning sunshine should be sufficient to check out from your accommodation and enjoy a lazy breakfast.

Remember as always – what you put in, is what you get out. Ask questions, challenge, discuss and engage. Finally, please support the trade as much as possible during the breaks. We need them and they need us.

**Antoine Rocher**

## INTERNATIONAL GUEST SPEAKER



### Prof Filip Stockmans

Professor Filip Stockmans is currently Chief of Hand Surgery at AZ Groeninge Hospital, Kortrijk Belgium. He is a Professor in the Faculty of Medicine at Katholieke Universiteit Leuven. He is also co-holder of the Materialise Chair for Hand Surgery.

Prof Stockmans graduated at KU Leuven in 1988 and pursued a residency in Plastic surgery at KU Leuven. He then did a Fellowship in Hand surgery at University of Louisville, US. In 1998 and 1999 he did his PhD at KU Leuven. He also worked as clinical researcher at the University of Umea Sweden.

He has published on a wide range of topics including cone beam CT scan, 3D printing, wrist and carpometacarpal pathology, trauma and hand reconstruction surgery and brachial plexus surgery. He has published books as well as chapters on topics such as Ulnar-Sided Wrist Pain, Difficult problems and complications at the forearm and Plastic surgery, nerve repair and burns.

# TRADE EXHIBITORS

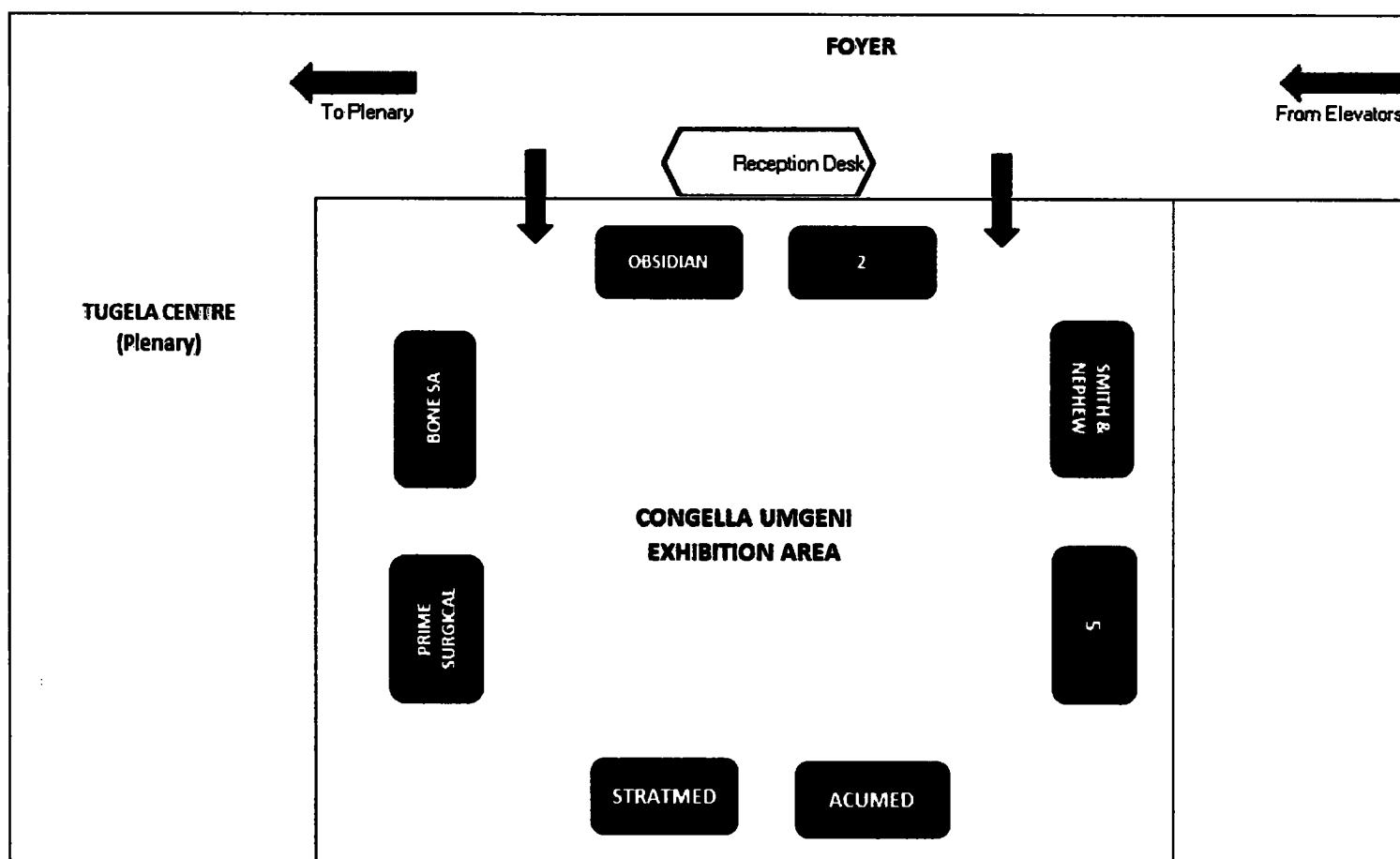
The trade exhibition will be located next to the auditorium, in the Congella Umgeni Exhibition area.

Companies and suppliers will exhibit their innovations and will be available to answer questions.

***Kindly make every effort to visit all the stands.***

Teas and lunches will be served in the trade exhibition area.

The President and Executive Committee of SASSH would like to thank the trade for their attendance and participation of this event



# SPONSORS

The SASSH would like to thank the following companies for their generous and continuous support.

Congress Brochure



Audio-visual



Registration







## HBS2

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# CONGRESS INFORMATION

## VENUE

The meeting will convene in **“Tugela Centre”** at the Elangeni & Maharani Hotel in Durban.

## INFORMATION / REGISTRATION DESK

The Information/Registration Desk is situated at the entrance to the lecture room.

The desk will be open for registration at the following times:

Saturday	31 August 2019	07h00 – 08h00
Sunday	1 September 2019	08h30 – 09h00

Please feel free to visit the Desk should you require any assistance.

## CPD REGISTER

- Discovey Health will handle the CPD formalities on a daily basis
- Scanning will be done twice daily
- Approximately 7-10 days post-congress, you will receive notification to download your certificate from the website [www.mycpd.co.za](http://www.mycpd.co.za). You need to have your login and password details available, to download your certificate.

## DRESS CODE

Casual attire for congress sessions and smart casual for the social function on Saturday evening.

## IMPORTANT

- **Name badge:** It is important to wear your name badge during the congress. Only delegates wearing name badges will be permitted to enter the lecture hall, exhibition area and the social function
- Please note that the use of mobile phones in the lecture hall is not permitted.

# CONGRESS INFORMATION

## INFORMATION FOR SPEAKERS

Keeping to your allocated time is a courtesy to all following speakers. The chairs of the sessions have been instructed to exert tight control and interrupt lengthy presentations. Please make sure you are aware of the time allotted to you for your presentation

Please hand your presentation to the audiovisual technicians at least 3 hours prior to the session in which the presentation is being given. The technicians will be available in the auditorium to receive your material.

## LANGUAGE

The official language of the congress will be English. No simultaneous translation service will be provided.

## SMOKING

In accordance with Government Legislation regarding smoking in public areas, kindly note that this venue is a non-smoking area.

## SOCIAL EVENTS

Meet & Greet                      Friday 30 August 2019  
    18h00 – 19h00  
    Panorama Bar, Elangeni & Maharani Hotel

Join us at the Panorama Bar where we invite you to meet and greet colleagues and friends and enjoy carefully chosen Cape wines, beers and soft drinks.

Gala Dinner                        Saturday 31 August 2019  
    19h00 for 19h30  
    Maharani Tower, Elangeni & Maharani Hotel

SASSH together with Riaad Moosa, will be hosting a special Dinner on Saturday evening in celebration of 50 years of promoting and advancing the study and practice of Surgery of the Hand. It promises to be an evening to remember.

If you did not notify us of your intention to attend this function while registering for the meeting, please contact Andi at the Information Desk. We will be happy to accommodate you!

# FUTURE EVENTS

## SASSH EWAS WRIST ARTHROSCOPY COURSE

2019                      8-9 November    Basic to Advanced Course  
                                 Venue: Red Cross Hospital  
                                 Cape Town

## ANNUAL REFRESHER COURSE

2020                      28 February – 1 March  
                                 Topic: Wrist  
                                 Venue: Marriott Crystal Towers  
                                 Cape Town

## ANNUAL CONGRESS

2020                      28 August – 30 August  
                                 51st Congress and Instructional Course  
                                 Venue: CTICC2  
                                 Cape Town

# SCIENTIFIC PROGRAM

SATURDAY 31 AUGUST 2019

0700-0750	Delegate Registration	
0750-0800	Welcome and Announcements	N van der Walt
<b>SESSION 1</b>	<b>CHAIR :</b>	
0800-0810	An Approach to a Venous Tourniquet in the Setting of Intravenous Regional Anaesthetics.	Kirsty Berry
0810-0815	Discussion	
0815-0825	The evaluation of the efficacy and complication rates of peripheral regional anaesthesia performed in a tertiary hand unit	Kefilwe Mogami
0825-0830	Discussion	
0830-0840	Double immune compromise, HIV, Diabetes and other factors affecting severity and bacteriology in hand Infections	Hein Verhoef
0840-0845	Discussion	
0845-0855	Work-related Transitions Following a Hand injury: A Scoping Review	Michelle Uys
0855-0900	Discussion	
0900-0910	Cross-cultural translation of the Disabilities of the Arm, Shoulder and Hand (DASH) and the QuickDASH questionnaires into isiXhosa	Amy Menegaldo
0910-0915	Discussion	
0915-0925	A Clinical audit of upper limb soft tissue sarcomas: A single surgeon experience with both extirpative and reconstruction surgery	Mahendra Daya
0925-0930	Discussion	
0930-0940	Microvascular Toe Transfer for congenital Hand Conditions - South Africa enters the Arena	Mark vd Velde
0940-0945	Discussion	
0945-0955	A novel test to confirm Green 1 and 2 trigger finger	Michael Solomons
0955-1000	Discussion	

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1000 -1030	<b>TEA</b>
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## SATURDAY 31 AUGUST 2019

### SESSION 2 CHAIR :

1030-1050	What to expect from carpal reconstruction surgery total wrist, wrist fusion PRC or four corner fusion	Filip Stockmans
1050-1055	Discussion	
1055-1105	Pyro carbon Lunate replacement for advance Kienbock's disease 1-2 year results	Ajmal Ikram
1105-1110	Discussion	
1110-1120	Are ycu sure, it's Kienbock's (before you submit your patient to an outrageously over-invasive surgical procedure)	Michael Solomons
1120-1125	Discussion	
1125-1135	Arthroscopic scapholunate stabilization utilizing the DCSS	Adrian Smit
1135-1140	Discussion	
1140-1200	Why I would not have my S-L ligament fixed	Filip Stockmans
1200-1205	Discussion	
1205-1215	Taking a hold of hand Trauma in Kwazulu-Natal	Jenousha Naidoo
1215-1220	Discussion	
1220-1230	Wide Awake Local Anaesthesia with No Tourniquet (WALANT) surgery at the 1 Military Hospital: Cost analysis and subjective patient experience	Jaco Naudé
1230-1235	Discussion	
1235-1245	The Use of Genexpert MTB/RIF® compared to Microscopy Culture and Sensitivity for the diagnosis of Hand and Wrist Tuberculosis	Wofhatwa Ndou
1245-1250	Discussion	
1250-1300	Surgery for the tetraplegic upper limb: Initial experience and early results	Erich Mennen
1300-1305	Discussion	

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1305 -1405 **LUNCH**

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## SATURDAY 31 AUGUST 2019

### SESSION 3

#### CHAIR :

1405-1415	Supinator to interosseous Nerve transfer for tetraplegic reconstruction: 2 case reports and our early experience to date	Ian Koller
1415-1420	Discussion	
1420-1430	Challenging the belief that supraclavicular brachial plexus stab wound injuries should be grafted instead of repaired	Duncan McGuire
1430-1435	Discussion	
1435-1445	The role of processed nerve allograft in peripheral nerve surgery	Pieter Jordaan
1445-1450	Discussion	
1450-1500	Short to medium term results of Silicone PIP joint replacement using a lateral hinge approach	Duncan McGuire
1500-1505	Discussion	
1505-1515	Isolated Simultaneous Double Dislocation of the little Finger - a review of the literature and case series	Katerina Kyprianou
1515-1520	Discussion	
1520-1530	Clinical outcomes following an intrinsic stretching/strengthening program for intrinsic tightness of the hand	Nureesah Hendricks
1530-1535	Discussion	
1535-1545	A Random Population survey at UCT among students to Investigate the incidence of functional variation of FDS to little finger	Jonathan Chituwo
1545-1550	Discussion	
1550-1605	Determination of positive functional outcomes at 16 weeks after flexor tendon repair at a tertiary hospital in South Africa: A descriptive, analytic study	Amy Menegaldo
1605-1610	Discussion	

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1610-1645

#### TEA

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1645                      Annual General Meeting (members only)  
1900 for 1930           Congress Dinner

## SUNDAY 1 SEPTEMBER 2019

0830-0900 Delegate Registration

### **SESSION 4 CHAIR :**

0900-0920	Surgical options to treat the painful pre arthritic CMC joint	Filip Stockmans
0920-0925	Discussion	

0925-0935	CMC thumb replacement with Touch implant, case series of 20 cases up to one year follow-up	Ajmal Ikram
0935-0940	Discussion	

0940-0950	Base of thumb osteotomy	Adriaan Smit
0950-0955	Discussion	

0955-1005	"Lending a Hand" community outreach	Adri Cronjé
1005-1010	Discussion	

1010-1020	Different manifestations of extensor carpi ulnaris tendonitis in patients with ulnar-sided wrist pain	Michael Carides
1020-1025	Discussion	

1025-1035	The management of Chronic Dorsal PIPJ dislocations	Michael Solomons
1035-1040	Discussion	

1040-1100	Treatment options for metacarpal and phalangeal fractures	Filip Stockmans
1100-1105	Discussion	

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1105-1135	<b>TEA</b>
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## SUNDAY 1 SEPTEMBER 2019

### SESSION 5

#### CHAIR :

1135-1145	Occupational Therapists provide feedback and insights of the IFSSH meeting in Berlin	Corrianne van Velze Trish Griffiths
1145-1155	Report back on ASSH Travel Award	Marzanne Swart
1155-1205	Report back on Stratmed Travel Bursary	Odetta Koch
1205-1225	Pro supination problems after forearm fracture	Filip Stockmans
1225-1230	Discussion	
1230-1310	AC Boonzaier lecture: Impressions	Nikki van der Walt

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1310-1400

#### LUNCH

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1400 -1420	Intra articular malunions of the distal radius	Filip Stockmans
1420 -1425	Discussion	
1425-1445	Treatment strategies for distal radius fixation	Filip Stockmans
1445-1450	Discussion	
1450-1500	Prize giving	
1500	Closure of Congress	Ajmal Ikram

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#### TEA

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# PRIZES & AWARDS

## SASSH REGISTRAR PRIZE: R3 500.00

This award is available for the best paper read at the SASSH Congress by a registrar or junior consultant (i.e. within one year after qualification and/or registration).

## SASSH THERAPIST PRIZE: R2 500.00

This prize is sponsored by SASSH and is presented for the best paper read at the SASSH Congress by a hand therapist (physio- or occupational therapist)

## ISIDORE KAPLAN LITERARY AWARD: R10 000.00

This prize is sponsored by SASSH for the best publication by a registrar or consultant between 1 January and 31 December of the previous year.

## ASSH BUNNELL TRAVELING FELLOWSHIP

The ASSH Bunnell Traveling Fellowship is awarded annually to any member of SASSH at registrar level. This will allow for complimentary registration to the annual ASSH meeting as well as visits to local hand centres.

## SASSH TRAVELING FELLOWSHIP IN HAND SURGERY: R30 000.00

A Travelling Fellowship has been created to enable a Senior Registrar/Junior Consultant to travel overseas to visit one or more centres of excellence in Hand Surgery.

## STRATMED PRIZE FOR THE BEST RESEARCH PAPER STRATMED

This prize is sponsored by STRATMED and awarded annually for the best research paper presented at the SASSH Annual Congress.

The prize is open to all categories of currently paid-up members of SASSH. The value of this award includes the cost of all flights, accommodation and registration fees to the following year's FESSH (Federation of European Societies for Surgery of the Hand) Congress.

## AFFORDABLE MEDICAL ANNUAL AWARD: R35 000.00 acumed

This grant is sponsored by AFFORDABLE MEDICAL and awarded annually to a member of SASSH for accessing hand surgery expertise.

# NOTES

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NOTE

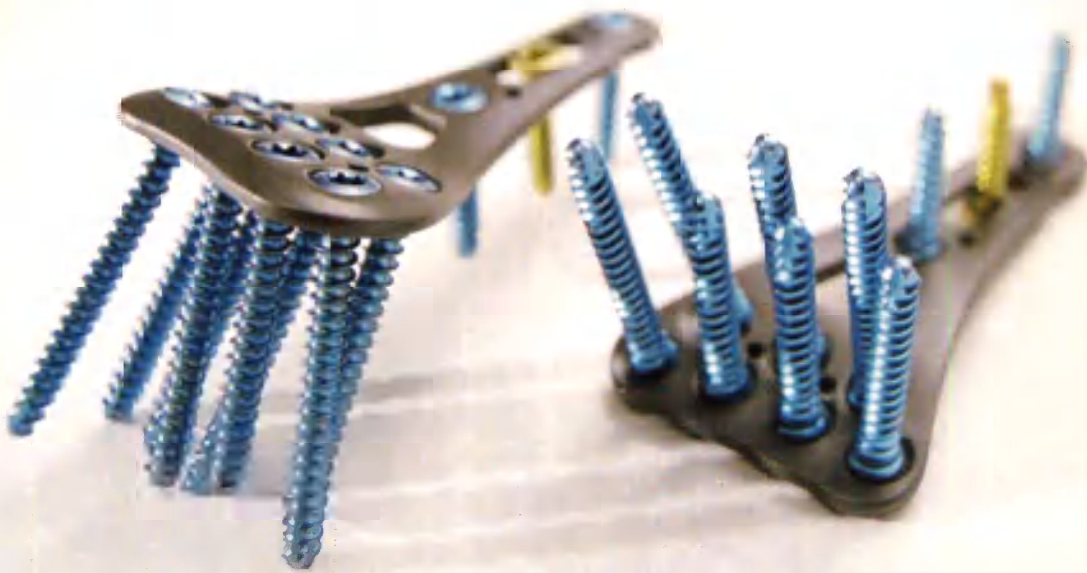
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