



**ANNUAL REFRESHER COURSE 2020
MARRIOTT CRYSTAL TOWERS
CAPE TOWN**

Saturday 29 February 2020

Session 1: Carpal Instability

Chair: Duncan McGuire & Erich Mennen

0700-0755	Registration	
0755-0800	Welcome	Ajmal Ikram
0800-0815	Carpal kinematics and clinical anatomy of the wrist	Will Haynes
0815-0820	Discussion	
0820-0835	Scapholunate dissociation	Antoine
	Rocher	
0835-0840	Discussion	
0840-0855	Perilunate injuries	Michelle Maree
0855-0900	Discussion	
0900-0915	Chronic scaphoid-lunate ligament injury from symptoms to treatment	Greg Packer
0915-0920	Discussion	
0920-0935	Symptomatic static reducible SL dissociation	Dirk van der
	Spuy	
	– how do I fix it?	Steve Carter
		Adriaan Smit
0935-0940	Discussion	
0940-0955	Long term results from RASL treatment	Mel
	Rosenwasser	
0955-1000	Discussion	

1000-1030 **Tea Break**

Session 2: Distal radius fractures

Chair: Mike Solomons & Antoine Rocher

1030-1045	Fracture dislocation of the wrist (excluding perilunate)	Cynthia
	Sathekga	
1045-1050	Discussion	
1050-1105	Distal radius fractures – are we operating too much	Mel
	Rosenwasser	

1105-1110	Discussion	
1110-1125	Indications for dorsal plating	Duncan McGuire
1125-1130	Discussion	
1130-1145	Malunited distal radius fracture	Ian Koller
1145-1150	Discussion	
1150-1205	The role of therapy in distal radius fractures	Nureesah Hendricks
1205-1210	Discussion	
1210-1225	EPL rupture – why it occurs and what to do about it	Wikus De Jager
1225-1230	Discussion	

1230-1330	Lunch
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Session 3: Scaphoid fractures Chair: Ian Koller & Mike Carides

1330-1345	Scaphoid tubercle fractures	Adriaan Smit
1345-1350	Discussion	
1350-1405	Scaphoid waist fractures - pros and cons of management of undisplaced fractures	Pieter Jordaan
1405-1410	Discussion	
1410-1425	Displaced scaphoid fractures - dorsal or volar approach	
	Dorsal approach	Sean Pretorius
	Volar approach	Roger Nicholson
1425-1430	Discussion	
1430-1445	Proximal pole fractures	Dirk van der Spuy
1445-1450	Discussion	
1450-1505	Reconstruction of scaphoid non-union with proximal pole AVN	Henk Giele
1505-1510	Discussion	
1510-1525	Scaphoid non union – an overview	Grant Biddulph
1525-1530	Discussion	

1530-1600	Tea Break
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Session 4: General Chair: Dirk van der Spuy & Grant Biddulph

1600-1615	Carpal boss	Erich Mennen
1615-1620	Discussion	
1620-1635	De Quervains & intersection syndrome	PC Pelser
1635-1640	Discussion	
1640-1655	FCU and FCR tendonitis	Cameron Anley

Sunday 1 March 2020

Session 5: Ulnar sided wrist pain

Chair: Niki van der Walt & Steve Carter

0730-0800	Registration	
0800-0815	Basic approach to USWP and examination	Mike
Solomons		
0815-0820	Discussion	
0820-0835	TFCC tears	Ajmal Ikram
0835-0840	Discussion	
0840-0855	DRUJ instability	Martin Wells
0855-0900	Discussion	
0900-0915	An algorithm for the treatment of arthritis of the wrist and DRUJ	Greg Packer
0915-0920	Discussion	
0920-0935	ECU pathology	Mike Carides
0935-0940	Discussion	
0940-0955	Ulnar carpal impaction	Phillip Webster
0955-1000	Discussion	

1000-1030 **Tea Break**

Session 6: Wrist arthritis

Chair: Martin Wells & Wikus De Jager

1030-1045	SNAC & SLAC – classification and management	Duncan
McGuire		
1045-1050	Discussion	
1050-1105	Radioscapholunate fusions	Nikki van der Walt
Walt		
1105-1110	Discussion	
1110-1125	Treatment options for the osteoarthritic wrist	Greg Packer
1125-1130	Discussion	
1130-1145	Wrist replacements	Mike
Solomons		
1145-1150	Discussion	
1150-1205	Wrist salvage after failed surgery including failed arthroplasty	Henk Giele
1205-1210	Discussion	
1210-1225	STT arthritis	Johan van der Westhuizen
1225-1230	Discussion	

1230-1330 **Lunch**

Session 7: General

Chair: Ajmal Ikram & Adriaan Smit

1330-1345	Dorsal and volar wrist ganglions	Steve Carter
1345-1350	Discussion	
1350-1405	Other carpal bone fractures (excluding scaphoid)	Paul Hatfield
1405-1410	Discussion	
1410-1425	Kienbocks disease – review of options and novel methods	Henk Giele
1425-1430	Discussion	
1430-1445	The evidence for the use of splints in common hand conditions	Trish Griffiths
1445-1450	Discussion	
1450-1505	The role of wrist arthroscopy in the diagnosis and treatment of wrist problems	Greg Packer
1505-1510	Discussion	
1510-1535	Wrist arthroscopy – where I’ve come from and where I’m going	Martin Wells
1535-1540	Discussion	

1540

Congress closure