



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND  
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

ANNUAL REFRESHER COURSE 2020  
MARRIOTT CRYSTAL TOWERS  
CAPE TOWN

**Saturday 29 February 2020**

**Session 1: Carpal Instability**

**Chair:**

0700-0755	Registration	
0755-0800	Welcome	<b>Ajmal Ikram</b>
0800-0815	<b>Carpal kinematics and clinical anatomy of the wrist</b>	<b>Will Haynes</b>
0815-0820	Discussion	
0820-0835	<b>Scapholunate dissociation</b>	<b>Antoine Rocher</b>
0835-0840	Discussion	
0840-0855	<b>Perilunate injuries</b>	<b>Michelle Maree</b>
0855-0900	Discussion	
0900-0915	<b>Chronic scaphoid-lunate ligament injury from symptoms to treatment</b>	<b>Greg Packer</b>
0915-0920	Discussion	
0920-0935	<b>Symptomatic static reducible SL dissociation – how do I fix it?</b>	<b>Dirk van der Spuy</b> <b>Steve Carter</b> <b>Adriaan Smit</b>
0935-0940	Discussion	
0940-0955	<b>TBC</b>	<b>Mel Rosenwasser</b>
0955-1000	Discussion	

1000-1030 **Tea Break**

**Session 2: Distal radius fractures**

**Chair:**

1030-1045	<b>Fracture dislocation of the wrist (excluding perilunate)</b>	<b>Andrew Barrow</b>
1045-1050	Discussion	
1050-1105	<b>Distal radius fractures – are we operating too much</b>	<b>Mel Rosenwasser</b>
1105-1110	Discussion	
1110-1125	<b>Indications for dorsal plating</b>	<b>Duncan McGuire</b>
1125-1130	Discussion	

1130-1145	<b>Malunited distal radius fracture</b>	<b>Paul Hatfield</b>
1145-1150	Discussion	
1150-1205	<b>The role of therapy in distal radius fractures?</b>	<b>Nureesah Hendricks</b>
1205-1210	Discussion	
1210-1225	<b>EPL rupture – why it occurs and what to do about it</b>	<b>Wikus De Jager</b>
1225-1230	Discussion	

1230-1330 **Lunch**

### Session 3: Scaphoid fractures

**Chair:**

1330-1345	<b>Scaphoid tubercle fractures</b>	<b>Adriaan Smit</b>
1345-1350	Discussion	
1350-1405	<b>Scaphoid waist fractures - pros and cons of management of undisplaced fractures</b>	<b>Pieter Jordaan</b>
1405-1410	Discussion	
1410-1425	<b>Displaced scaphoid fractures - dorsal or volar approach</b>	
	<b>Dorsal approach</b>	<b>Sean Pretorius</b>
	<b>Volar approach</b>	<b>Roger Nicholson</b>
1425-1430	Discussion	
1430-1445	<b>Proximal pole fractures</b>	<b>Dirk van der Spuy</b>
1445-1450	Discussion	
1450-1505	<b>Reconstruction of scaphoid non-union with proximal pole AVN</b>	<b>Henk Giele</b>
1505-1510	Discussion	
1510-1525	<b>Scaphoid non union – an overview</b>	<b>Grant Biddulph</b>
1525-1530	Discussion	

1530-1600 **Tea Break**

### Session 4: General

**Chair:**

1600-1615	<b>Carpal boss</b>	<b>Erich Mennen</b>
1615-1620	Discussion	
1620-1635	<b>De Quervains &amp; intersection syndrome</b>	<b>PC Pelser</b>
1635-1640	Discussion	
1640-1655	<b>FCU and FCR tendonitis</b>	<b>Cameron Anley</b>
1655-1700	Discussion	

## Sunday 1 March 2020

### Session 5: Ulnar sided wrist pain

#### Chair:

0730-0800	Registration	
0800-0815	<b>Basic approach to USWP and examination</b>	<b>Mike Solomons</b>
0815-0820	Discussion	
0820-0835	<b>TFCC tears</b>	<b>Ajmal Ikram</b>
0835-0840	Discussion	
0840-0855	<b>DRUJ instability</b>	<b>Martin Wells</b>
0855-0900	Discussion	
0900-0915	<b>An algorithm for the treatment of arthritis of the wrist and DRUJ</b>	<b>Greg Packer</b>
0915-0920	Discussion	
0920-0935	<b>ECU pathology</b>	<b>Mike Carrides</b>
0935-0940	Discussion	
0940-0955	<b>Ulnar carpal impaction</b>	<b>Phillip Webster</b>
0955-1000	Discussion	

1000-1030

Tea Break

### Session 6: Wrist arthritis

#### Chair:

1030-1045	<b>SNAC &amp; SLAC – classification and management</b>	<b>Duncan McGuire</b>
1045-1050	Discussion	
1050-1105	<b>Radioscapholunate fusions</b>	<b>Nikki van der Walt</b>
1105-1110	Discussion	
1110-1125	<b>Treatment options for the osteoarthritic wrist</b>	<b>Greg Packer</b>
1125-1130	Discussion	
1130-1145	<b>Wrist replacements</b>	<b>Mike Solomons</b>
1145-1150	Discussion	
1150-1205	<b>Wrist salvage after failed surgery including failed arthroplasty</b>	<b>Henk Giele</b>
1205-1210	Discussion	
1210-1225	<b>STT arthritis</b>	<b>Johan van der Westhuizen</b>
1225-1230	Discussion	

1230-1330

Lunch

**Session 7: General****Chair:**

1330-1345	<b>Dorsal and volar wrist ganglions</b>	<b>Steve Carter</b>
1345-1350	Discussion	
1350-1405	<b>Other carpal bone fractures (excluding scaphoid)</b>	<b>Paul Hatfield</b>
1405-1410	Discussion	
1410-1425	<b>Kienbocks disease – review of options and novel methods</b>	<b>Henk Giele</b>
1425-1430	Discussion	
1430-1445	<b>The evidence for the use of splints in common hand conditions</b>	<b>Trish Griffiths</b>
1445-1450	Discussion	
1450-1505	<b>The role of wrist arthroscopy in the diagnosis and treatment of wrist problems</b>	<b>Greg Packer</b>
1505-1510	Discussion	
1510-1535	<b>Wrist arthroscopy – where I've come from and where I'm going</b>	<b>Martin Wells</b>
1535-1540	Discussion	

1540

**Congress closure**