



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

51st ANNUAL CONGRESS 2022
VINEYARD HOTEL, CAPE TOWN

Saturday 3 September 2022

Session 1: Chair: Dr Duncan McGuire & Dr Nikki van der Walt

0700-0750	Registration	
0750-0800	Welcome	Duncan McGuire
0800-0810	Scapholunate ligament repair/reconstruction using suture tape augmentation	Ajmal Ikram
0810-0815	Discussion	
0815-0825	Dorsal wrist pain and the DCSL (dorsal capsular scapholunate) ligament complex and ganglions: Proposed pathogenesis and a pathoanatomical study with a review of a six year cohort treating this pathology with excising the ganglion and reconstructing the DCSL ligament complex	Dirk van der Spuy
0825-0830	Discussion	
0830-0840	Wrist functional outcome following surgical management of acute scapholunate ligament disruption at Chris Hani Baragwanath Academic Hospital	Phumza Mshuqwana
0840-0845	Discussion	
0845-0900	Osteochondral reconstructions in hand and wrist including 3D guidance	Henk Coert
0900-0905	Discussion	
0905-0915	Percutaneous scaphoid fixation: A retrospective review of outcomes relating to union	Ian Koller
0915-0920	Discussion	
0920-0930	The use of nanotechnology to expedite wound healing, reduce inflammation and manage acute and chronic pain in hand injured patients	Robyn Midgley
0930-0935	Discussion	
0935-0945	How to start WALANT practice in South Africa: "Service with a smile if you are willing to wait a while"	Odette Koch
0945-0950	Discussion	
0950-1005	WALANT or block: a personal view	Dean Boyce
1005-1010	Discussion	

1010-1040 Tea Break

Session 2: Chair: Dr Mike Solomons & Dr Grant Biddulph

1040-1050	Pivotal, randomised, controlled trial to evaluate the safety and effectiveness of the CoNextions TR Tendon Repair System for zone 2 Flexor tendon repair (TRFDP1 Trial)	Duncan McGuire
1050-1055	Discussion	
1055-1105	Zone 2 flexor tendon repairs: is poor range of motion at six weeks post repair associated with poor range of motion at twelve weeks? A retrospective cohort study	Joanne Wylie
1105-1110	Discussion	
1110-1120	Anatomic repair and reconstruction of radial sagittal band ruptures	Neil Kruger
1120-1125	Discussion	
1125-1135	3D printer assisted planning and correction of forearm deformities	Antoine Rocher
1135-1140	Discussion	
1140-1155	Surgical anatomy relevant to Dupuytren's Disease Revisited	Paul Werker
1155-1200	Discussion	
1200-1210	A survey amongst South African Hand surgeons to determine the comparative treatments of trigger fingers versus De Quervain's tenosynovitis	Pieter Jordaan
1210-1215	Discussion	
1215-1225	Wrist spanning infix the Tygerberg experience	Hentas van Zyl
1225-1230	Discussion	
1230-1240	Outcomes of Pyrocarbon Metacarpophalangeal Joint Replacements	Frances Verfuss
1240-1245	Discussion	
1245-1255	Massive xanthomas of both hands	Gerbrand Lindeque
1255-1300	Discussion	

1300-1400

Lunch

Session 3: Chair: Dr Erich Mennen & Dr Chetan Patel

1400-1410	Congenital Dysplasias - an update on Limb Hypertrophies and Macroductyly	Mark van der Velde
1410-1415	Discussion	
1415-1430	General management of cerebral palsy	Dean Boyce
1430-1435	Discussion	
1435-1445	The management of unstable TFCC injuries with a combined arthroscopical and open approach: a Case review study with a novel surgical technique combining Arthroscopy and an open reconstruction of the TFCC through an approach utilising the bed of the Extensor Carpi Ulnaris (sixth compartment)	Dirk van der Spuy
1445-1450	Discussion	
1450-1500	Intra-neural ganglions – A case series and review of the literature	Duncan McGuire
1500-1505	Discussion	
1505-1515	Algorithmic development and a 10 year review of the outcomes of subscapular release and latissimus dorsi transfer in obstetric brachial plexus palsy in a resource constrained environment using pre-operative clinical parameters	Hammaad Gamieldeen
1515-1520	Discussion	
1520-1530	CMC thumb replacement, case series of first 100 cases over last four years	Ajmal Ikram
1530-1535	Discussion	
1535-1545	Application of the Modified St. John’s Flexor Tendon Protocol integrating the Casting Motion to Mobilise Stiffness Technique to prevent the need for Tenolysis in the presence of post-operative complications – A Case Series Report	Robyn Midgley
1545-1550	Discussion	
1550-1600	Extension arthrodesis of the thumb carpometacarpal joint for the ‘Z’ thumb	Neil Kruger
1600-1605	Discussion	

1605-1635 **Tea Break**

1635 Annual General Meeting (members only)
Venue:

1900 Congress Dinner & Prize giving
Venue:

Sunday 4 September 2022

Session 4: Chair: Dr Ajmal Ikram & Dr Pieter Jordaan

0730-0800	Registration	
0800-0815	Complications of wrist arthroscopy, the role of teaching	Henk Coert
0815-0820	Discussion	
0820-0835	Percutaneous Needle Fasciotomy: when, how and why?	Paul Werker
0835-0840	Discussion	
0840-0855	Fingertip injuries	Dean Boyce
0855-0900	Discussion	
0900-0915	Algorithm for recurrent nerve compression in the upper extremity	Henk Coert
0915-0920	Discussion	
0920-0935	Results of Dermofasciectomy	Paul Werker
0935-0940	Discussion	
0940-0955	The Cape Town flap course: "A good day out"	Ian Koller
0955-1000	Discussion	

1000-1030 Tea Break

Session 5: Chair: Dr Martin Wells & Dr Ian Koller

1030-1045	Avoiding complications in flexor tendon surgery	Dean Boyce
1045-1050	Discussion	
1050-1105	Revision total wrist arthroplasty	Henk Coert
1105-1110	Discussion	
1110-1125	Evidence based treatment for Dupuytren's Disease	Paul Werker
1125-1130	Discussion	
1130-1145	Management of zone 1 flexor tendon injuries	Dean Boyce
1145-1150	Discussion	
1150-1205	DRUJ arthroplasty, including series of 100 Aptis implants	Henk Coert
1205-1210	Discussion	
1210-1225	Dupuytren's case discussion	Paul Werker
1225-1230	Discussion	

1230-1330

Lunch

1330-1340 **2022 IFSSH travelling fellowship feedback**

Hentas van Zyl

1340-1345 Discussion

1345-1425 **AC Boonzaier lecture**

Ajmal Ikram

1425-1430 **Closing address by the President**

Duncan McGuire

1430

Congress closure