



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

49th ANNUAL CONGRESS AND INSTRUCTIONAL COURSE
31st August – 2nd September 2018
CSIR Convention Centre
PRETORIA

SCIENTIFIC PROGRAM

SATURDAY 1 SEPTEMBER 2018

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| 0700-0750 | Delegate Registration | |
| 0750-0800 | Welcome and Announcements | N van der Walt |
| SESSION 1 | CHAIR : DR NIKKI VAN DER WALT & DR IAN KOLLER | |
| 0800-0810 | Case review of a long term follow up of a 5 digit amputation and literature review on secondary procedures in replant cases. | Chetan Patel |
| 0810-0815 | Discussion | |
| 0815-0825 | The use of Intravenous Regional Anaesthesia (Bier's block) in hand surgery | Shaun de Villiers |
| 0825-0830 | Discussion | |
| 0830-0840 | Hand Replantation: Rehabilitation (including early active motion) and Excellent Functional Outcome | Wendy Young |
| 0840-0845 | Discussion | |
| 0845-0855 | The Dorsal Capsulo-Scapholunate (DCSL) ligament complex: Is disruption of this soft tissue bridge the missing link to dorsal wrist pain? | Dirk vd Spuy |
| 0855-0900 | Discussion | |
| 0900-0910 | A case series exploring the outcomes of unrepaired zone 1 flexor tendon injuries | Trish Griffiths |
| 0910-0915 | Discussion | |
| 0915-0925 | Triceps off, Fascial Sleeve (TOFS) approach to the distal humerus: functional outcome | Woyisile Nkomo |
| 0925-0930 | Discussion | |
| 0930-0940 | Incidence of ipsilateral intra-articular distal radius and scaphoid fractures at Chris Hani Baragwanath and Charlotte Maxeke Academic Hospitals | Richard Kgabo |
| 0940-0945 | Discussion | |
| 0945-0955 | Ectopic extra-articular calcification of the hand – why, when and what to do about it? | Michael Solomons |
| 0955-1000 | Discussion | |

1000 -1030 **TEA**

SESSION 2 CHAIR : DR MICHAEL CARIDES & DR GRANT BIDDULPH

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|------------------------|---|------------------|
| 1030-1045 1045-1050 | Is there a role for true arthroplasty at the base of the thumb Discussion | Ian Trail |
| 1050-1100 1100-1105 | Motec Total Wrist arthroplasty: Short to intermediate results Discussion | Duncan McGuire |
| 1105-1115 1115-1120 | CMC thumb replacement with Touch implant, a comparative case series with CMC excision arthroplasty Discussion | Ajmal Ikram |
| 1120-1130 1130-1135 | The Role of the Minor Procedures Room in the Hand Unit Services at Chris Hani Baragwanath Academic Hospital Discussion | Dharshen Naike |
| 1135-1145 1145-1150 | Numbers matter: A prospective study recording the epidemiology of new patients referred to a specialist hand clinic in Cape Town, SA Discussion | Hannarie le Roux |
| 1150-1200 1200-1205 | Non vascularized PIPJ joint transfer as "spare parts" surgery: 2 case reports and discussion Discussion | Ian Koller |
| 1205-1215 1215-1220 | Update on 4 limb amputee case with long term follow up and a review targeted muscle re-innervation in myoprosthesis Discussion | Chetan Patel |
| 1220-1230 1230-1235 | Occupational Therapy role in quality of life with a bilateral below elbow amputee Discussion | Mandi Swart |
| 1235-1245 1245-1250 | Percutaneous Puncture of Flexor Sheath Ganglions: An Assessment of Recurrence Discussion | Azzaam Najjaar |
| 1250-1300 | Hands Workmen's Compensation Act Study Discussion | Jeannie McCaul |

1300 -1400 **LUNCH**

SESSION 3 CHAIR : DR MARTIN WELLS & DR DUNCAN McGUIRE

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| 1400 -1410 | Patient satisfaction with the tightrope procedure four years post-surgery | Coranne van Velve |
| 1410 -1415 | Discussion | |
| 1415-1430 | Results of four corner fusion | Ian Trail |
| 1430-1435 | Discussion | |
| 1435-1445 | Analysis of Hand masses seen at the Chris Hani Baragwanath academic hospital Hand unit in Johannesburg South Africa | Christian Vyamungu |
| 1445-1450 | Discussion | |
| 1450-1500 | Fragment specific fixation of distal radius fractures and contra-indications to volar locking plate | Ajmal Ikram |
| 1500-1505 | Discussion | |
| 1505-1515 | Using elastic vessel loops to set the passive tension in radial nerve tendon transfers | Craig Blake |
| 1515-1520 | Discussion | |

1520 -1550 **TEA**

SESSION 4 CHAIR : DR AJMAL IKRAM & DR ROGER NICHOLSON

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| 1550- 1600 | The use of wrist ultrasound scan to predict non-operative treatment failure in patients with De Quervain's stenosing tenosynovitis | Takura Mukabeta |
| 1600- 1605 | Discussion | |
| 1605- 1615 | Occupational therapy guidelines for conditions in which the metacarpophalangeal joints could be splinted in extension | Elani Muller |
| 1615-1620 | Discussion | |
| 1620-1630 | Grip strength following total wrist arthrodesis: A prospective study | Odette Koch |
| 1630-1635 | Discussion | |
| 1635-1645 | A review of patients with traumatic hand injuries attending the occupational therapy department at Mafikeng Provincial Hospital | Helen Robinson |
| 1645-1650 | Discussion | |
| 1650-1700 | Patient compliance: exploring the critical success variable | Kirsty v. Stormbroek |
| | Discussion | |
| 1715 | Annual General Meeting (members only) | |
| 1930 | Congress Dinner | |

SUNDAY 2 SEPTEMBER 2018

0800-0830 Delegate Registration

SESSION 5 CHAIR : DR ERICH MENNEN & DR ADRIAAN SMIT

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| 0830-0850 | Principles of management of the rheumatoid wrist | Prof Ian Trail |
| 0850-0855 | Discussion | |
| 0855-0915 | Mistakes I have made and operations I don't do any longer | Michael Solomons |
| 0915-0920 | Discussion | |
| 0920-0940 | Snake Envenomation | Jason Seale |
| 0940-0945 | Discussion | |
| 0945-1005 | Kienbock's disease | Prof Ian Trail |
| 1005-1010 | Discussion | |
| 1010-1050 | Discovery Forensics | Marius Smit |
| 1050-1100 | Discussion | |

1100-1130 **TEA**

SESSION 6 CHAIR : DR MICHAEL SOLOMONS & DR CHETAN PATEL

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|-----------|---|-----------------|
| 1130-1145 | PIP Joint replacement | Prof Ian Trail |
| 1145-1150 | Discussion | |
| 1150-1210 | Report back on Acumed Travel Bursary | Christo Lourens |
| 1210-1240 | AC Boonzaier lecture: Tendinopathy of the elbow | Dr Allan Wang |
| 1240-1250 | Total wrist replacement | Prof Ian Trail |
| 1250-1255 | Discussion | |
| 1255 | Closure of Congress | E Mennen |

1300 **LUNCH**
