



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

SAMA
(Incorporated Association not for gain)
(Reg. No. 05/00136/08)

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44th ANNUAL CONGRESS AND INSTRUCTIONAL COURSE
30 AUGUST – 1 SEPTEMBER 2013
KWA MARITANE BUSH LODGE
PILANESBERG, NORTH WEST PROVINCE

SCIENTIFIC PROGRAM

FRIDAY 30 AUGUST 2013

1000–1600 Trade Exhibitor Set-up in Exhibiting Area

1330–1400 Delegate Registration

SESSION 1 MACROMED WORKSHOP

“New Horizons in Locking Technology”

Scott Wolfe

1400–1600 KinematX Wrist Hemiarthroplasty
CarpalFix Implants for Four Corner Fusion
CarpalFix for PIP Joint Fusions
XMCP Implants for Thumb MP Fusion

1630–1830 Evening Game Drive (optional)

Evening At leisure – dinner in Restaurant

SATURDAY 31 AUGUST 2013

0730–0750 Delegate Registration

0750–0800 Welcome and Announcements

Michael Carides

SESSION 2 CHAIR: JOHAN VAN DER WESTHUIZEN

0800–0810 Thumb CMC Arthritis Treatment by Trapeziectomy and Haematoma
Ikram,

Martin Wells, A

Distraction using the Mini Tightrope: 2 Year Results

C Anley, S Pretorius

0810–0815 Discussion

- 0815-0825 Total Elbow Arthroplasty: A Comparison of Cementing Technique and Rob Dachs, D
Chivers,
- Post Operative Range of Motion between Triceps-detaching and M Fleming, B
Vrettos,
- Triceps-sparing Approaches S Roche
- 0825-0830 Discussion
- 0830-0840 Using Sense Substitution to Enhance Sensory Retraining after a Peri- Evanthia Pavli,
pheral Nerve Injury C van Velze
- 0840-0845 Discussion
- 0845-0855 The "Solomons" Sign in TB Wrist Michael
Solomons
- 0855-0900 Discussion
- 0900-0910 Ultrasound Diagnosis of Carpal Tunnel Syndrome Erich Mennen
- 0910-0915 Discussion
- 0915-0925 A Novel Technique for Scapholunate Ligament Reconstruction using Steve Carter
the Arthrex Mini Tightrope
- 0925-0930 Discussion
- 0930-0940 A Randomised Trial Comparing Locked Intramedullary Fixation with Reggie King, A
Ikram
- Anatomically Contoured Locked Plating of Clavicle Shaft Fractures
- 0940-0945 Discussion
- 0945-0955 Reconstruction of the 'Unreconstructable' Median Nerve Defect Michael
Solomons,
- M Maree
- 0955-1000 Discussion

1000-1030 **TEA**

SESSION 3 CHAIR: MARTIN WELLS

- 1030-1040 Restoring Elbow Extension in Tetraplegic Upper Limb Reconstruction Francois deV
Theron,
- H Myburgh, E Mennen,
M Skeen, W Mann, M
Winterbach
- 1040-1045 Discussion
- 1045-1055 Complications of Locked Volar Plating for Distal Radius Fractures in an James Watt, A
Ikram
- Academic Institution
- 1055-1100 Discussion

1100–1110	Anatomy of the Baboon Hand	<u>Erich Mennen</u>
1110–1115	Discussion	
1115–1125	Traumatic Finger Amputations: Experience at the CH Baragwanath Academic Hospital	<u>George Oduah,</u> G Biddulph, MT Ramokgopa
1125–1130	Discussion	
1130–1140	Fragment Specific Fixation: Which Fractures is it indicated for?	<u>Mari Thiart,</u> A
Ikram		
1140–1145	Discussion	
1145–1155	A Prospective Randomised Controlled Study to Determine the Radiological and Functional Outcomes of “IMN” Fixation of Distal Radius Fractures using a Novel Device, the Sonoma Wrx Distal Radius Nail compared to Volar Locking Plate	<u>Mark van der</u> A Ikram
<u>Kaag,</u>		
1155–1200	Discussion	
1200–1210	An Atypical Presentation of Glomus Tumour mimicking Medial Epicondylitis	<u>Michael</u>
<u>Solomons</u>		
1210–1215	Discussion	
1215–1225	A Retrospective Study to Evaluate the Efficacy of Treating Non-unions, Un-nailable and Un-plateable Fractures of the Humerus with a Taylor-spatial Frame	<u>Karl Strauss,</u> S
Pretorius		
1225–1230	Discussion	

1230–1330	LUNCH	

SESSION 4	CHAIR : ROGER NICHOLSON	
1330–1340	The Tetraplegic Thumb	<u>Francois deV</u>
<u>Theron,</u>		H Myburgh, E Mennen, M Skeen, W Mann, M Winterbach
1340–1345	Discussion	
1345–1355	Factors influencing the Compliance of Post-operative Rehabilitation of Flexor Tendon Injury	<u>George Oduah,</u> R Wentzel, T Spark, G Biddulph, MT Ramokgopa,
1355–1400	Discussion	

1400–1410	Grip Strength after Arthrodesis of the Wrist and Four Corner Fusion:	<u>M Swart,</u>	O
	Koch, TLB le		
	A Retrospective Study	Roux	
1410–1415	Discussion		
1415–1425	An Overview of the Outcomes following the Use of a Passive Motion	<u>Roxanne</u>	
	<u>Wentzel,</u> E Pavli,		
	Protocol in Flexor Tendon Rehabilitation at CH Baragwanath Academic	C van Velze	
	Hospital – An Impetus for Change?		
1425–1430	Discussion		
1430–1440	Evaluation of an Evidence–based Patient Pathway for Non–surgical and	<u>Robyn Midgley,</u>	
	Surgically managed Metacarpal Fractures	A Toemen	
1440–1445	Discussion		
1445–1455	Anterior Needle Scope Release for Internal Rotation Contracture of the	<u>A Horn,</u>	S
	Roche,		
	Shoulder in Obstetric Brachial Plexus Injury: A New Surgical Technique	M Maree,	M
	Solomons		
1455–1500	Discussion		

1500–1530 **TEA**

SESSION 5 CHAIR : ANDREW BARROW

1530–1550	Lunotriquetral Ligament Injuries	<u>Alexander Shin</u>	
1550–1600	Discussion		
1600–1620	Scapholunate Instability	Greg Bain	
1620–1630	Discussion		
1630–1700	Annual General Meeting (members only)		
1930 for 2000	Congress Dinner		

SUNDAY 1 SEPTEMBER 2013

0730–0750 Delegate Registration

SESSION 6 CHAIR : MICHAEL SOLOMONS

0800–0820	Current Concepts in the Treatment of Scaphoid Non–unions	<u>Alexander Shin</u>	
0820–0830	Discussion		

0830–0850 SLAC Wrist: New Directions for an Old Problem Scott Wolfe
0850–0900 Discussion

0900–0950 SYMPOSIUM: Brachial Plexus Injuries Alexander Shin
Scott Wolfe

0950–1000 Discussion

1000–1030 **TEA**

SESSION 7 CHAIR: MICHAEL CARIDES

1030–1050 Distal Radius Fractures – A Personal Journey Alexander Shin
1050–1100 Discussion

1100–1120 1–2 Year Results of Midcarpal Wrist Hemiarthroplasty Scott Wolfe
1120–1130 Discussion

1130–1230 AC BOONZAIER LECTURE: “SASSH – Why do We Belong?” Johan vd Westhuizen

1230–1330 **LUNCH**

SESSION 8 CHAIR: ERICH MENNEN

1330–1430 Ethics Lecture: “Ethics in the Emergency Setting” Efraim Kramer

1430–1450 Ulna Sided Wrist Pain Alexander Shin
1450–1500 Discussion

1500–1520 Arthritis of the Wrist Greg Bain
1520–1530 Discussion

1530–1545 Current Concepts in the Treatment of Kienbock’s Disease Alexander Shin
1545–1555 Discussion

1555 Announcement of the Stratmed Prize for Best Research
and
The Macromed Barry O’Kelly Memorial Prize

1600 Closure of Congress Erich Mennen

