



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

SAMA
(Incorporated Association not for gain)
(Reg. No. 05/00136/08)

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43rd ANNUAL CONGRESS AND INSTRUCTIONAL COURSE
31 AUGUST – 2 SEPTEMBER 2012
CONFERENCE CENTRE
ELANGENI HOTEL, DURBAN

SCIENTIFIC PROGRAM

FRIDAY 31 AUGUST 2012

1200–1700 Trade Exhibitor Set-up in Conference Centre as per Floor Plan

SATURDAY 1 SEPTEMBER 2012

0715–0750 Delegate Registration: Foyer, Conference Centre, Elangeni Hotel

0750–0800 Welcome and Announcements

Martin Wells

SESSION 1 CHAIR: MARTIN WELLS

0800–0810 Comparing Volar Plates to Volar Locking Plates with Arthroscopic Assisted Reduction using the Teardrop Angle Measurement as Indicator of Successful Reduction

Gerhard Pienaar,

Ajmal Ikram

0810–0815 Discussion

0815–0825 Fragment Specific Fixation of Intra-Articular Distal Radius:
The Role of Arthroscopy to Confirm Anatomical Reduction:

Mari Thiart,

Ajmal Ikram

0825–0830 Discussion

0830–0840 Fractures of the Middle Third of the Clavicle – Epidemiological Study
Of Patients Treated at a Tertiary Hospital and a Classification System

Reggie King

0840–0845 Discussion

0845–0855 DIP Joint Arthrodesis using the Autofix Screw (Small Bone Innovations,
France)

Richard Zinn,

Michael Carides

0855–0900 Discussion

0900–0910 Using a Mini Tight Rope in the Treatment of Chronic Thumb CMC

Mark v d Kaag,

0910-0915	Dislocations Discussion	Ajmal Ikram
0915-0925	Intramedullary Locked Fixation of Clavicle Shaft Fractures – Continued Review of Results	<u>Reggie King</u>
0925-0930	Discussion	
0930-0955	Distal Radius Fractures: The Importance of the Three Columnar Concept	Zsolt Szabo
0955-1000	Discussion	

1000-1040 **TEA**

SESSION 2 CHAIR : MICHAEL SOLOMONS

1040-1050	Accuracy of Examination of the Lacerated Forearm at Chris Hani Baragwanath Academic Hospital	<u>Matthew Street</u>
1050-1055	Discussion	
1055-1105	Acute Zone 3 Flexor Tendon Injury Management at Kenyatta National Hospital, a Kenyan Tertiary Hospital in Nairobi	Omondi Afulo
1105-1110	Discussion	
1110-1120	Post-Operative Management of Zone I – IV Flexor Tendon Repairs: Robyn Midgley Rationale for Change	
1120-1125	Discussion	
1125-1135	Aberrant Musculature in the Hand and Forearm	Andrew Barrow
1135-1140	Discussion	
1140-1150	Should all Potential Gun Owners be Screened for a Linburg-Comstock Anomaly?	<u>Cameron Anley,</u> Ajmal Ikram
1150-1155	Discussion	
1155-1225	Surgical Suture Materials in Hand Surgery / How to Choose	Zsolt Szabo
1225-1230	Discussion	

1230-1330 **LUNCH**

SESSION 3 CHAIR : ULRICH MENNEN

1330-1340	Radial Nerve Lacerations: The Outcome of Primary End-to-End Repairs	<u>Maritz</u>
1340-1345	Discussion	M Held, M Maree, M Solomons
1345-1355	Outcomes of Sural Nerve Grafting vs Triple Nerve Transfers in the Management of Penetrating Upper Brachial Plexus Injuries	<u>Alex vd Horst,</u> M Maree,
1355-1400	Discussion	M Solomons

1400–1410	Complex Regional Pain Syndrome: Fact or Myth?	Dershnee Devan
1410–1415	Discussion	
1415–1425	Predicting Outcomes in Obstetric Brachial Plexus Surgery and the Need for Early Surgical Intervention: The Role of Triceps Function	<u>Anita Mohan</u> , M Maree,
1425–1430	Discussion	M Solomons
1430–1455	Bone Defects of the Hand: What to do?	Zsolt Szabo
1455–1500	Discussion	

1500–1530 **TEA**

SESSION 4 CHAIR: ERICH MENNEN

1530–1540	Chronic Unreduced Dislocations of the Elbow	Hans Myburgh
1540–1545	Discussion	
1545–1555	Casting Motion to Mobilise Stiffness – The Secret to Unlocking Digital Stiffness	Robyn Midgley
1555–1600	Discussion	
1600–1610	Anatomy of the Clavicle and its Medullary Canal	<u>Reggie King</u>
1610–1615	Discussion	
1615–1625	Outcomes following Steroid Injections in Various Hand Conditions	<u>Michael Solomons</u> ,
1625–1630	Discussion	S Carter, M Maree
1630–1655	Dupuytren's Contracture: Is it Time for a New Approach? / The Collagenase Experience	Zsolt Szabo
1655–1700	Discussion	
1710–1800	Annual General Meeting (members only) Venue: Suite 1	

1930 for 2000 Congress Dinner
Venue: Great Ilanga Hall, Elangeni Hotel
Dress: Smart casual

SUNDAY 2 SEPTEMBER 2012

0730–0750 Delegate Registration: Foyer, Conference Centre, Elangeni Hotel:

SESSION 5 CHAIR: ANDREW BARROW

0800–0835	Pediced vs Free Flaps in Upper Limb Reconstruction	Zsolt Szabo
0835–0840	Discussion	

0840-0850	Symbrachydactyly – A Retrospective Review of 17 Free Toe Phalangeal Grafts	Steve Carter
0850-0855	Discussion	
0855-0905	“The Elusive Tumour”	Ulrich Mennen
0905-0910	Discussion	
0910-0920	That’s Weird Man!	Michael Solomons
0920-0925	Discussion	
0925-1000	The Five Most Important Pedicled Flaps of the UpperLimb	Zsolt Szabo
1000-1005	Discussion	

1005-1040 **TEA**

SESSION 6 CHAIR : MICHAEL CARIDES

1040-1050	Developing an Algorithm for Ulnar Sided Wrist Pain	Michael Solomons
1050-1055	Discussion	
1055-1105	Acute Perilunate Dislocations: Is Reconstructing the Scapho- Lunate Ligament Really Necessary?	<u>Michelle Maree,</u> M Solomons
1105-1110	Discussion	
1110-1120	Locked Plates: The Potential for Disaster	Andrew Barrow
1120-1125	Discussion	
1125-1135	The Surgical Management of the Dorsal Wrist Syndrome (DWS)	Michael
Solomons		
1135-1140	Discussion	

1140-1220 **AC Boonzaier Lecture: “The Human Hand – The Most Beautiful Tool”** Zsolt Szabo

1220-1320 **LUNCH**

SESSION 7 CHAIR: JOHAN van der WESTHUIZEN

1320-1420	Ethics Lecture:	
1420-1445	Long term Results (25 years) in Prosthetic Replacement of the Carpal Bones	Zsolt Szabo
1445-1450	Discussion	
1450-1515	Treatment of Scaphoid Fractures. Is it a Problem?	Zsolt Szabo
1515-1520	Discussion	

1520 Announcement of the Stratmed Prize for Best Research
and
the Macromed Barry O'Kelly Memorial Prize

1525 Closure of Congress

Johan vd Westhuizen