



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND  
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE



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**42<sup>nd</sup> ANNUAL CONGRESS AND INSTRUCTIONAL COURSE**  
**2 – 4 SEPTEMBER 2011**  
**BAOBAB CONFERENCE CENTRE**  
**GROUND FLOOR, SUN CITY HOTEL (MAIN HOTEL)**  
**SUN CITY**

**SCIENTIFIC PROGRAM**

**Friday 2 September 2011**

1430-1500 Delegate Registration  
Venue: Baobab Conference Centre, Ground Floor, Sun City Hotel

**CHAIR: DR MARTIN WELLS**

1500-1800 **Workshops and Instructional Course**  
Venue: Baobab Conference Centre, Ground Floor, Sun City Hotel

1. **Ole Reigstad** demonstrating Motec Wrist Replacement Operative Procedure
2. **Scott Wolfe** demonstrating Trimed Fragment-specific Approaches to the Wrist and forearm  
How to reach the different Shear Fragments of Distal Radius
3. **Scott Wolfe** demonstrating the Flexor Tendon Approach and Repair of Flexor Tendon

1800 **Cocktail Function**  
Venue: Baobab Conference Centre, Ground Floor, Sun City Hotel

**Saturday 3 September 2011**

0715-0750 Delegate Registration  
Venue: Baobab Conference Centre, Ground Floor, Sun City Hotel

**SESSION ONE CHAIR: DR MICHAEL SOLOMONS**

0750-0800 Opening/Welcome Announcements Michael Solomons  
0800-0830 Distal Radius Fractures: What Cannot be Fixed by Volar Plate? Scott Wolfe  
0830-0840 Discussion

0840-0850	The Windblown Hand: A Retrospective Review of the Result of Surgical Treatment at Red Cross War Memorial Children's Hospital	Steve Carter
0850-0855	Discussion	
0855-0905	Using a Mini Tight-Rope to Suspend the Thumb After a Trapeziectomy: Is this a Viable Option?	<u>Cameron Anley</u> , M Wells A Ikram, S Pretorius
0905-0910	Discussion	
0910-0920	Ulnar Collateral Ligament Reconstruction of the Thumb using Palmaris Longus Autograft fixed with Bio-absorbable Interference Screws	<u>Mark Fleming</u> , M Solomons, M Singer
0920-0925	Discussion	
0925-0935	Intramedullary Locked Fixation of Clavicle Shaft Fractures – Review of Early Results	<u>P (Reggie) King</u> , A Ikram
0935-0940	Discussion	
0940-0955	Epidemiology of Scaphoid Non-Union: Who is likely to Develop Non-Union and How can We Prevent it?	Ole Reigstad
0955-1000	Discussion	

**1000-1030 TEA**

**SESSION TWO CHAIR: DR MICHAEL CARIDES**

1030-1055	The Motec Wrist Replacement Arthroplasty Experience; How Well Have the Subpopulations of Osteoarthritic SNAC and SLAC wrists done?	Ole Reigstad
1055-1105	Discussion	
1105-1115	Severity of Upper Limb Panga Injuries and Infection Rates in Early versus Late Repairs	<u>Nicholas Howard</u> , W Holmes, M Solomons, P Rollinson
1115-1120	Discussion	
1120-1130	A Comparative Study to Determine the Effect of Dynamic Splinting versus Static Splinting of the Hand in the Post-operative Treatment of Zone V – VII Extensor Tendon Injuries in Patients attending Steve Biko Academic Hospital	Evanthia Pavli
1130-1135	Discussion	
1135-1145	Landsmeers Ligament – Take Two	<u>Mike Solomons</u> , B Dando
1145-1150	Discussion	
1150-1200	The Use of Elastic Taping in the Conservative Management of Mallet Finger Injuries	Dershnee Devan
1200-1205	Discussion	
1205-1225	From Bench to Dartboard: The Evolution of Total Wrist Arthroplasty	Scott Wolfe
1225-1230	Discussion	

**1230-1330 LUNCH**

**SESSION THREE CHAIR: PROF ULRICH MENNEN**

1330-1340	Investigating the Volar Single Incision Approach to the Anticubital Fossa	<u>Ivor Petersen</u> , S Pretorius
1340-1345	Discussion	
1345-1355	Evaluation of Minimally Invasive Carpal Tunnel Decompression using the Knifelight®	<u>Abdul Rawoot</u> , A Ikram

1355-1400	Discussion	
1400-1410	The Outcome of Post-Surgical Recurrent Carpal Tunnel Syndrome Treated with an Extended Release and a Synovial Flap	<u>Adriaan Botha</u> , A Ikram
1410-1415	Discussion	
1415-1425	Comparing Tendon Transfers to Increase External Rotation in Obstetric Brachial Plexus Injury	<u>Mike Solomons</u> , S Roche, M Maree
1425-1430	Discussion	
1430-1450	Nerve Transfers: Advances, Evidence and Expectations. When do We Apply this exciting Technique?	Scott Wolfe
1450-1500	Discussion	

**1500-1530 TEA**

**SESSION FOUR CHAIR: DRS AJMAL IKRAM**

1530-1540	An Assessment of a Two Layer Subcuticular Closure using Poly-Glecapone 25 (Monocryl) Sutures in Hand Surgery	Marshall Murdoch
1540-1545	Discussion	
1545-1555	Bilateral Post Burn Contracture of the Hands Which Complicated into Marjolin Ulcers - Squamous Cell Carcinoma	<u>Thabo Makobela</u> , S Golele
1555-1600	Discussion	
1600-1610	Case Study – Metacarpophalangeal Arthrodesis Using the Ascension® MCP System in Ankylosis Following Sepsis	<u>Christopher Price</u> , M Solomons
1610-1615	Discussion	
1615-1630	The Volar Approach to the SRS PIP Arthroplasty – A Case series in Golfers	Scott Wolfe
1630-1635	Discussion	
1645-1730	Annual General Meeting: Members only Venue: Baobab Conference Centre, Ground Floor, Sun City Hotel	
1930 for 2000	<b>SASSH DINNER: Hall of Treasurers in the Entertainment Area Dress: Smart Casual</b>	

**Sunday 4 September 2011**

0730-0750 Delegate Registration

**SESSION FIVE CHAIR: DR ROGER NICHOLSON**

0800-0825	Comparison of Nerve Transfers and Nerve Grafting for Upper Plexus Palsy	Scott Wolfe
0825-0835	Discussion	
0835-0845	Selected Good Results in Brachial Plexus Surgery	Michael Solomons
0845-0850	Discussion	
0850-0910	Avoiding Non-union: The Case for Percutaneous Scaphoid Fixation	Scott Wolfe
0910-0920	Discussion	
0920-0930	The Liebenberg Syndrome	Ulrich Mennen
0930-0935	Discussion	
0935-0955	Ulnar-sided Wrist Pathology: An Algorithmic Approach to TFCC,	Scott Wolfe

0955-1005	Chronic Radio-Ulnar Instability Discussion	
1005-1025	Mid Carpal Instability: Making sense of (CIND)	Scott Wolfe
1025-1030	Discussion	
<b>1030-1130</b>	<b>TEA</b>	
<b>SESSION SIX</b>	<b>CHAIR: DR JOHAN VD WESTHUIZEN</b>	
1130-1150	Scapholunate Ligament Injury: A Case-based Approach to Treatment	Scott Wolfe
1150-1200	Discussion	
1200-1210	Connection between A2 Pulley and Oblique Retinacular Ligament:	Erich Mennen
1210-1215	Anatomical Dissection Discussion	
1215-1245	Flexor Tendon Repair: What have we Learned? (Includes Cruciate Surgical Technique Video)	Scott Wolfe
1245-1255	Discussion	
1255-1345	AC Boonzaier Lecture/////////TOPIC	Mike Solomons
1400	Closure by President	Johan vd Westhuizen