



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND  
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE



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**ANNUAL REFRESHER COURSE 2018**  
**23-25 FEBRUARY 2018**  
**IRENE COUNTRY LODGE**  
**PRETORIA**

**SCIENTIFIC PROGRAM**

**FRIDAY 23 FEBRUARY 2018**

IBRA pre-congress meeting and anatomical workshop: Fracture specific treatment of the distal radius.

14:00 – 17:00 (See separate program)  
18:00 – 19:30 Welcome drinks

**SATURDAY 24 FEBRUARY 2018**

0700-0800	Delegate Registration	
0800-0810	Welcome and Announcements	E Mennen
<b>SESSION 1 CHAIR : DR NIKKI VAN DER WALT</b>		
0810 – 0825	Extensor tendon avulsion injuries Mallet and Boutonniere	Mike Solomons
0825-0830	Discussion	
0830 – 0845	Proximal phalanx fractures – conservative or operative treatment	Prof Hintringer
0845 – 0850	Discussion	
0850 – 0905	Splinting for traumatic injuries	TBA
0905 – 0910	Discussion	
0910 – 0930	Management of complications of hand fractures	Prof Bindra
0930 – 0935	Discussion	
0935 – 0955	Hand trauma imaging	Mark Velleman
0955 – 1000	Discussion	

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1000 -1030 **TEA**

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**SESSION 2      CHAIR : DR MICHAEL SOLOMONS**

1030 – 1045	Boxers knuckle	Nikki van der Walt
1045 – 1050	Discussion	
1050 – 1105	Metacarpal fractures	Paul Hatfield
1105 – 1110	Discussion	
1110 – 1125	Paediatric hand injuries	Steve Carter
1125 – 1130	Discussion	
1130 – 1145	Therapeutic management of the stiff hand	Robyn Midgeley
1145 – 1150	Discussion	
1150 – 1215	Injuries of the PIP joint (ligamentous lesions to fractures) + treatment options	Prof Hintringer
1215 – 1245	PIP fracture dislocation	Prof Bindra
	Hemihamate Arthroplasty	
1245 – 1300	Panel discussion	

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1300 -1400      **LUNCH**

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**SESSION 3      CHAIR : DR GRANT BIDDULPH/DR DUNCAN MCGUIRE**

1400 – 1420	Uncommon approaches for unusual fractures	Prof Bindra
1420 – 1430	Discussion	
1430 – 1445	Base of thumb: metacarpal fractures and ligament injuries	Michelle Maree
1445 – 1450	Discussion	
1450 – 1505	Fingertip injuries	Roger Nicholson
1505 – 1510	Discussion	
1510 – 1525	Radial head fractures	Antoine Rocher
1525 – 1530	Discussion	

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1530-1600      **TEA**

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**SESSION 4      CHAIR : DR AJMAL IKRAM**

1600 – 1615	Distal radius fractures	Phillip Webster
1615 – 1620	Discussion	
1620 – 1635	The role of Arthroscopy in the treatment of distal radius fractures	Martin Wells
1635 – 1640	Discussion	
1640 – 1655	RSL fusion as salvage procedure for failed radius fracture treatment	Prof Hintringer
1655 – 1700	Discussion	
1700 – 1715	Supracondylar humerus fractures	Cynthia Sathekga
1715 – 1720	Discussion	
18h30	Dinner & Social Evening	

## SUNDAY 25 FEBRUARY 2018

0800-0830 Delegate Registration

### SESSION 5 CHAIR : DR MARTIN WELLS

0830 – 0855	Commonly missed hand injuries	Prof Bindra
0855 – 0900	Discussion	
0900 – 0915	Scaphoid fractures	Mike Carides
0915 – 0920	Discussion	
0920 – 0935	Scaphoid plating as a secondary procedure after failed treatment of scaphoid non unions	Prof Hintringer
0935 – 0950	Discussion	
0950 – 1005	Carpal fractures other than schaphoid	Ian Koller
1005 – 1010	Discussion	
1010 – 1025	SLAC wrist – four corner fusion or proximal row carpectomy. What is better?	Prof Hintringer
1025 – 1030	Discussion	

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1030-1100 **TEA**

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### SESSION 6 CHAIR : DR ERICH MENNEN

1100 – 1110	In memoriam: Dr. Kenny Wienand	Prof Theo le Roux
1110 – 1125	TFFC tears: Arthroscopic and open treatment	Ajmal Ikram
1125 – 1130	Discussion	
1130 – 1145	Ulnar abutment and ulnar shortening	Andrew Barrow
1145 – 1150	Discussion	
1150 – 1205	Principles of replantation	Prof Bindra
1205 – 1210	Discussion	
1210 – 1225	Local flaps in the hand	Chetan Patel
1225 – 1230	Discussion	
1230 – 1245	The mutilated hand	Grant Biddulph
1245 – 1250	Discussion	
1250 – 1305	Therapeutic management of the acutely burnt hand	Evantia Pavlia
1305 – 1310	Discussion	
1310	<b>CLOSURE</b>	Erich Mennen
<b>1310 – 1400</b>	<b>Followed by light lunch before departure</b>	