



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

SAMA
(Incorporated Association not for gain)
(Reg. No. 05/00136/08)

✉ 2721 BELLVILLE SOUTH AFRICA 7535

☎ 021 910 3322 ☎ 0866 720 426

Website: www.sassh.co.za Email: sassh@iafrica.com

ANNUAL REFRESHER COURSE

24–26 FEBRUARY 2012

CSIR, PRETORIA

TRAUMA AND SPORT RELATED UPPER LIMB INJURIES

SCIENTIFIC PROGRAM

FRIDAY 24 FEBRUARY 2012

1200–1800	Trade Exhibitor Set-up in CSIR Foyer as per floor plan	
	AO COURSE PRESENTED BY RENATO FRICKER	
1030	Delegate Registration: CSIR Foyer	
1100	Welcome and Introduction to Course	Erich Mennen
1110	Intra-articular Distal Radius Fracture	Renato Fricker
1130	Practical 1	
	Dorsal double plate fixation using the 2.4 LCP Dorsal Distal Radius Plates	
1215	Practical 2	
	Fixation using the 2.4 VA-LCP Volar Two-Column Distal Radius Plate	

1300	LUNCH	

1400	Demonstration 2.4 VA-LCP Volar Rim Plate	Renato
Fricker		
1420	Ulnar Abutment syndrome	Grant Biddulph
1440	Practical 3	
	Shortening Osteotomy of the Distal Ulna 3.5 LC DCP	
15h00	Distal Radius Fractures and Malunions	

1550	TEA	

1620		Scaphoid Fractures Acute
Renato Fricker		
1640	Practical 4	
	Scaphoid Fracture – Percutaneous Fixation with the 3.0mm Headless Compression Screw HCS	
1720	Perilunate injuries	Renato Fricker
1740	End of Day One	
	Free Evening	

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SATURDAY 25 FEBRUARY 2012

0700–0750	Delegate Registration: CSIR Foyer	
0750–0800	Welcome and Announcements	Erich Mennen,
Course		Chairman

SESSION ONE

CHAIR : MARTIN WELLS

0800–0820	Fractures at the Base of the Thumb Metacarpal	Renato Fricker
0820–0830	Discussion	
0830–0845	Thumb MP Joint Ligamentous Injuries	Mike Solomons
0845–0850	Discussion	
0850–0910	The Role of Arthroscopy in Distal Radius Fractures	Melvin Rosenwasser
0910–0915	Discussion	
0915–0935	Ultrasound in Hand Trauma	Zanet Oschman
0935–0940	Discussion	
0940–1000	Arthroscopic Management of TFCC Injuries	Melvin Rosenwasser
1000–1005	Discussion	
1005–1020	Fingertip Injuries	Roger Nicholson
1020–1025	Discussion	

1025–1100 **TEA**

SESSION TWO

CHAIR : MICHAEL SOLOMONS

1100–1115	Examination of the Injured Hand	Michael Carides
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1115-1130	Percutaneous Corrective Osteotomy for Malunion in the Proximal Phalanx	Eduardo
Gonzales-Hernandez		
1130-1135	Discussion	
1135-1150	Carpal Fractures (Not Scaphoid)	Christo Lourens
1150-1155	Discussion	
1155-1210	Flexor Tendon Injuries	Andrew Barrow
1210-1215	Discussion	
1215-1235	Injuries associated with Distal Radius Fractures	Renato Fricker
1235-1240	Discussion	
1240-1255	Therapeutic Management of Flexor Tendon Injuries	Isabel Mischke
1255-1300	Discussion	

1300-1400 **LUNCH**

SESSION THREE

CHAIR : NIKKI vd WALT

1400-1425	MRI Wrist	Mark Velleman
1425-1430	Discussion	
1430-1440	Local Flaps in the Hand	Bronwen
Schoenfeld		
1440-1445	Discussion	
1445-1505	Scapholunate Injuries	Melvin Rosenwasser
1505-1510	Discussion	
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1510-1525	Carpometacarpal Instability	Johan vd Westhuizen
1525-1530	Discussion	

1530-1600 **TEA**

SESSION FOUR

CHAIR : ERICH MENNEN

1600-1615	Metacarpal Fractures: Open vs Closed	Renato Fricker
1615-1620	Discussion	
1620-1635	Extensor Tendon Avulsion Injuries (Boutonniere and Mallet)	Adriaan Smit

1635–1640	Discussion	
1640–1655	Therapeutic Management of Fractures in the Hand	Dershnee Devan
1655–1700	Discussion	

1700–1900	Cocktail Function Venue: The Deck, CSIR	
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SUNDAY 26 FEBRUARY 2012

0730–0750	Registration	
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SESSION FIVE

CHAIR : MICHAEL CARIDES

0800–0815	Proximal Interphalangeal Joint Injuries	Steve Carter
0815–0820	Discussion	
0820–0835	Elbow Arthroscopy	Melvin Rosenwasser
0835–0840	Discussion	
0850–0905	Radial Head Fractures and Essex Lopresti	Ulrich Mennen
0905–0910	Discussion	
0910–0930	Denervation Wrist Post Traumatic	Renato Fricker
0930–0935	Discussion	
0935–0950	Late Elbow Dislocations	Hans Myburgh
0950–0955	Discussion	
0955–1010	The Mutilated Hand	Sean Pretorius
1010–1015	Discussion	

1015–1045	TEA	
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SESSION SIX

CHAIR : ROGER NICHOLSON

1045–1105	Scaphoid Non-Union	Renato Fricker
1105–1110	Discussion	
1110–1130	Wrist Arthroscopic Technique	Melvin
Rosenwasser		
1130–1135	Discussion	
1135–1150	Postero-lateral Rotatory Subluxation Elbow	Erich Mennen
1150–1205	High Pressure Injection Injuries	Jackie Muller

1205-1220 Interposition Arthroplasty Elbow Theo le Roux

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1220-1235 Staged Reconstruction of Open Supracondylar Humerus Eduardo
Gonzalez-

Fractures Hernandez
1235-1240 Discussion

1240-1330 LUNCH

SESSION SEVEN CHAIR : JOHAN vd Westhuizen

1330-1430 **Ethics Lecture:** Drug Use in Sportsmen Jon Patricios

1430-1445 Therapeutic Management of the Crushed Hand Niki Singh
1445-1450 Discussion

1450-1505 Boxer's Knuckle Nikki van der
Walt

1505-1510 Discussion

1510-1530 Treatment of radial mal-union Melvin
Rosenwasser

1530-1535 Discussion

1535-1550 Digital Vascular Repair Marshall
Murdoch

1550-1555 Discussion

1555-1600 Closure by the President

