



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

SAMA
(Incorporated Association not for gain)
(Reg. No. 05/00136/08)

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ANNUAL REFRESHER COURSE

26-28 FEBRUARY 2010

THE TOWNHOUSE HOTEL AND CONFERENCE CENTRE

60 CORPORATION STREET

CAPE TOWN

**NERVE, PAIN, BRACHIAL PLEXUS INJURIES, SUDECK'S and
TENDON TRANSFERS**

FINAL SCIENTIFIC PROGRAM

Friday 26 February 2010

12:00-17:00 Trade Set-up in Conference Area, Ground Floor
12:00 Executive Committee Meeting
14:00 Check-in for hotel guests
Free Evening

Saturday 27 February 2010

07:15-07:55 **Registration**
Venue: Conference Area, Ground Floor

08:00-08:10 **Welcome and Announcements**
Michael Solomons:
President of SASSH and
Course Chairman

SESSION ONE CHAIR: DR MICHAEL SOLOMONS

08:10-08:40 Medical Management of Neuropathic Pain. *(This talk will cover the physiology of why some patients get an exaggerated pain response, an algorithmic approach to step wise pain management, treatment of CRPS type 1 and 2, a brief look at dorsal column stimulators and other modalities)* Milton Raff

08:40-08:45 Discussion

08:45-09:00 Surgical management of Neuropathic Pain Adriaan Smit
(This talk will cover painful neuromas, neuroma in continuity etc)

09:00-09:05 Discussion

09:05-09:20 Systemic Causes of a Painful Limb. *(Overview of diabetic neuropathy, herpetic neuralgia, and other differential diagnoses)* Dion Opperman

09:20-09:25 Discussion

09:25-09:40 Nerve Conduction Studies – An Overview Dion Opperman

09:40-09:45 Discussion

09:45-10:05	Therapeutic Management of Neuropathic Pain. (<i>Desensitisation and other strategies</i>)	Romy Parker
10:05-10:10	Discussion	
10:10-11:00	TEA	

SESSION TWO CHAIR: DR MICHAEL CARIDES

11:00-11:15	Functional Anatomy of the Plexus	Roger Nicholson
11:15-11:20	Discussion	
11:20-11:40	Decision Making in Brachial Plexus Surgery (<i>Overall management algorithm and strategy</i>)	Christophe Oberlin
11:40-11:45	Discussion	
11:45-12:00	Radiological Assessment of the Brachial Plexus (<i>MRI vs CT Myelogram</i>)	Graham Thompson
12:00-12:05	Discussion	
12:05-12:25	Total Plexus Palsy – To Operate or Not?	
	- For	Ajmal Ikram
	- Against	Michael Solomons
12:25-12:30	Discussion	
12:30-13:00	Nerve Transfers	Christophe Oberlin
13:00-13:05	Discussion	
13:05-14:00	LUNCH	

SESSION THREE CHAIR: DR PHILLIP WEBSTER

14:00-14:15	Obstetric Palsy: Is someone to Blame?	Nicola Caine, MacRoberts Attorneys
14:15-14:20	Discussion	
14:20-14:30	Assessment and Decision-making in Obstetric Brachial Plexus Palsy	Michelle Maree
14:30-14:35	Discussion	
14:35-14:50	Reconstruction of the Shoulder in Obstetric Palsy	Steve Roche
14:50-14:55	Discussion	
14:55-15:10	Correction of the Supinated Forearm in Obstetric Palsy	Christophe Oberlin
15:10-15:15	Discussion	
15:15-15:55	Tendon Transfers to Reconstruct Elbow Flexion	
	Steindler	<u>J Van Der Westhuisen</u>
	Pec Major 1	Prof Christophe Oberlin
	Pec Major 2	Michael Solomons
	Latissimus Dorsi	Ulrich Mennen
15:55-16:00	Discussion	
16:10-16:45	TEA	

SESSION FOUR CHAIR: DR ROGER NICHOLSON

16:45-17:05	Technical Aspects of Brachial Plexus Surgery	Christophe Oberlin
17:05-17:10	Discussion	
17:10-17:25	Results: What do you tell your patients	Christophe Oberlin
17:25-17:30	Discussion	
17:30-17:50	Therapeutic Management of Brachial Plexus Injuries	Karin Weskamp, Joanne Wylie
17:50-17:55	Discussion	
17:55-18:15	Biceps to Flexor Transfer after complete Brachial Plexus Injury	Christophe Oberlin
18:15-18:20	Discussion	
	COCKTAIL FUNCTION	

END OF DAY ONE

Sunday 28 February 2010

08:00-08:15	Registration	
SESSION FIVE	CHAIR: DR ADRIAAN SMIT	
08:15-08:35	Carpal Tunnel Open vs Endoscopic - Open - Endoscopic	Andrew Barrow Phillip Webster
08:35-08:40	Discussion	
08:40-09:00	Cubital Tunnel: Simple vs Transposition - Simple Release in situ - Almost Always Transpose	Mike Carides Martin Wells
09:00-09:05	Discussion	
09:05-09:20	Tennis Elbow: Show Me the Evidence <i>(Do Steroids work? What about blood injections? Lithotripsy, braces, acupuncture etc)</i>	Sean Pretorius
09:20-09:25	Discussion	
09:25-10:00	TEA	
SESSION SIX	CHAIR: DR ERICH MENNEN	
10:00-10:15	Thoracic Outlet Syndrome –What Does the Literature Say?	Theo Le Roux
10:15-10:20	Discussion	
10:20-10:30	Hand Therapy: Tennis Elbow: The Therapist Perspective Thoracic Outlet Syndrome	Susan de Klerk Liane Dawe
10:30-10:35	Discussion	
10:35-10:50	Nerve Bullet injuries	Christophe Oberlin
10:50-10:55	Discussion	
10:55-11:15	Nerve lesions: Assessment and decision making	Christophe Oberlin
11:15-11:25	Discussion	
11:25-12:30	LUNCH	
SESSION SEVEN	CHAIR: PROF ULRICH MENNEN	
12:30-12:45	Fibromyalgia/Myofascial Pain Syndromes (Is it Real or all in the Head?)	David Gottlieb
12:45-12:50	Discussion	
12:50-13:10	Tendon Transfers for Median Nerve Palsy (<i>high palsy and low/opposition palsy</i>)	Sam Golele
13:10-13:15	Discussion	
13:15-13:30	Therapy for Median Nerve Palsy and following Tendon Transfers for Median Nerve Palsy	Lynne Pringle
13:30-13:35	Discussion	
13:35-13:55	Radial Nerve Palsy	Hans Myburgh
13:55-14:00	Discussion	
14:00-14:15	Therapy following Radial Nerve Palsy and after Tendon Transfers for this Condition	Annerie Beukes
14:15-14:20	Discussion	
14:20-15:00	TEA	
SESSION EIGHT	CHAIR DR JOHAN VD WESTHUIZEN	
15:00-15:20	Tendon Transfer for Ulna Nerve Palsy: Anti-claw vs Intrinsic	Archie Matime

	Replace-	
	ment. Is there a Difference?	
15:20-15:25	Discussion	
15:25-15:45	Tendon Transfer for Ulna Nerve Palsy: Pinch transfer options	Steve Carter
15:45-15:50	Discussion	
15:50-16:10	Assessment and Management of the Tetraplegic Patient	Ulrich Mennen
16:10-16:15	Discussion	
16:15-16:35	The Spastic Hand (<i>including post stroke</i>)	Christophe Oberlin
16:35-16:40	Discussion	
16:40	Closure	Michael Solomons