



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

SAMA
(Incorporated Association not for gain)
(Reg. No. 05/00136/08)

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ANNUAL REFRESHER COURSE
22-24 FEBRUARY 2013
SOUTHERN SUN CAPE SUN HOTEL
STRAND STREET
CAPE TOWN

SCIENTIFIC PROGRAM

ARTHRITIS AND CONNECTIVE TISSUE DISEASE IN THE HAND AND WRIST

FRIDAY 22 FEBRUARY 2013

- 1530 Delegate Registration: 3rd Floor, Cape Sun Hotel
- 1600-1800 **WORKSHOP AND INSTRUCTIONAL COURSE** Prof Hermann Krimmer
Venue: Stellenbosch & Constantia Rooms, Cape Sun Hotel
Topic: New Trends in Total and Partial Wrist Fusion
30 Minute talk followed by a cadaver demonstration of
four corner fusion, plate removal showing the principles
of radiocarpal fusion and insertion of a total wrist fusion plate
- 1700-1900 Trade exhibitor set up in VOC Room
- End of Day One
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SATURDAY 23 FEBRUARY 2013

- 0700-0730 Delegate Registration
- 0730-0740 Welcome and Announcements
- SESSION ONE CHAIR: AJMAL IKRAM, MARTIN WELLS**
RHEUMATOID ARTHRITIS
- 0740-0820 Rheumatoid Fact or Fiction? Why can't we control Rehana Borat

0820-0825	all Rheumatoids? Questions & Answers	Rheumatologist
0825-0845 0845-0850	Rheumatoid Arthritis: Shoulder and Elbow Questions & Answers	Steve Roche
0850-0910 0910-0920 0920-0930 0930-0940	Decision making in the Rheumatoid Wrist Why I Fuse Why I Replace Questions & Answers	Michael Solomons Martin Wells Michael Solomons
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0940-1000 1000-1005	Decision making in the Rheumatoid MCP Joints: The do's and the don'ts Questions & Answers	Theo le Roux

1005-1045 **TEA**

SESSION TWO **CHAIR : SEAN PETORIUS, SAM GOLELE**
RHEUMATOID ARTHRITIS

1045-1105 1105-1110	Rheumatoid Arthritis: Thumb Questions & Answers	Nikki van der Walt
1110-1130 Ikram	Boutonniere, Swan Neck and Arthritis Mutilans in Rheumatoid PIP joints Questions & Answers	Ajmal
1135-1155 Devan 1155-1200	Splinting in Rheumatoid Arthritis: Why Bother? Questions & Answers	Dershnee
1200-1300 Hermann	Panel Discussion and Case Presentations: Rheumatoid Arthritis Roux	Ladislav Nagy, Krimmer, Theo le

1300-1400 **LUNCH**

SESSION THREE **CHAIR : MICHAEL CARIDES, NIKKI VAN DER WALT**
GOUT

1400-1430	Diagnosis of Gout: The Value of Urate Control. Why can't we	Riette du Toit
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1430-1435	Control Tophi? Questions & Answers	Rheumatologist
1435-1455 1455-1500	Gout: What looks like Gout? How do I tell the difference? Questions & Answers	Sean Pretorius
1500-1520 1520-1525	Surgical Solutions for Tophi and other Gouty conditions (Should I cut?) Questions & Answers	Erich Mennen

1525-1600 **TEA**

SESSION FOUR CHAIR : THEO LE ROUX, EVERT VISSER
GENERAL ARTHRITIS

1600-1620	Biopsy in the Arthritic Patient: Is there a Place?	Adriaan Smit
1620-1650 1650-1700	Uncommon Arthritis: SLE, Scleroderma, Reiters and Psoriasis Questions & Answers	Phillip Webster

1700-1725 1725-1730	Advances in Assistive Devices: iDog to iPad Questions & Answers	Karen Myburgh
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1730-1900 Cocktail Function in Trade Exhibitor Area
Dress: Casual

End of Day Two

Free evening

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SUNDAY 24 FEBRUARY 2013

0730-0750 Registration

SESSION FIVE CHAIR : MICHAEL SOLOMONS, MICHELLE MAREE
OSTEOARTHRITIS

0800-0820 0820-0825	Is Osteoarthritis an Inflammatory Condition: Do DMARD's work? Questions & Answers	David Gottlieb
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0825-0835 0835-0840	DIP Joints: Problem solving in OA Questions & Answers	Michael Carides
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0840–0855	PIP joints: Fuse/replace – Type of Prosthesis, Evidence Based	Michelle Maree
0855–0910	PIP joints: Post-operative Rehabilitation and Splinting	Occupational
Therapist		
0910–0915	Questions & Answers	
0915–0925	MCP Joints: Are they a Problem?	Sam Golele
0925–0930	Questions & Answers	
0930–0940	Primary STT OA: Classification and Management	Johan vd
Westhuizen		
0940–0945	Questions & Answers	
0945–1015	OA of the Wrist: Approach and Solutions to Specific Problems	Ladislav Nagy
1015–1020	Questions & Answers	

1020–1045 **TEA**

SESSION SIX CHAIR : ERICH MENNEN, ADRIAAN SMIT
OSTEOARTHRITIS

1045–1100	OA of the Wrist: Approach and Solutions to Specific Problems	Hermann
Krimmer		
1100–1120	Proximal Row Carpectomy: Does it Work or are We being Stiffed?	Ladislav Nagy
1120–1125	Questions & Answers	
1125–1145	DRUJJ: Anatomy, Salvage and What Happened to the Ulna Head Prosthesis	Ladislav Nagy
1145–1150	Questions & Answers	
1150–1210	Ulna Impaction: Arthroscopic vs Open Ulna Shortening	Ladislav Nagy
1210–1215	Questions & Answers	
1215–1235	Salvage of the Distal Radius Mal-union	Hermann
Krimmer		
1235–1245	PIP Joint Fracture Dislocations: Preventing Arthritis	Ladislav Nagy
1245–1250	Questions & Answers	

1250–1330 **LUNCH**

SESSION SEVEN CHAIR : JOHAN vd WESTHUIZEN, MARTIN WELLS
OSTEOARTHRITIS

1330-1335	CMC OA: Treatment with TRAPEZIECTOMY	Johan vd Westhuizen
1335-1340	CMC OA: Treatment with SILICONE PROSTHESIS	Michael Carides
1340-1345	CMC OA: Treatment with TENDON RECONSTRUCTION	Hans Myburgh
1345-1350	CMC OA: Treatment with TIGHTROPE	Martin Wells
1350-1430	THE DEBATE	
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1430-1530 Merwe	"It is the Little Foxes that spoil the Vines"	Suzette vd
		Director: MacRobert Incorporated
1530 Westhuizen	Closure by the President	Johan vd

