



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

SAMA
(Incorporated Association not for gain)
(Reg. No. 05/00136/08)

46th ANNUAL CONGRESS AND INSTRUCTIONAL COURSE
29 – 30 AUGUST 2015
CHAMPAGNE SPORTS RESORT
DRAKENSBERG

PROVISIONAL SCIENTIFIC PROGRAM

SATURDAY 29 AUGUST 2015

0730-0750	Delegate Registration	N van der Walt
0750-0800	Welcome and Announcements	E Mennen
SESSION 1	CHAIR : DR ERICH MENNEN	
0800-0810	Dupuytren's Disease: Is a needle aponeurotomy effective?	C Anley
0810-0820	Dupuytren's involvement of the DIP joint	M Solomons
0820-0830	Discussion	
0830-0840	Hyperextension mallet fracture: A forgotten concept	S Isaacs
0840-0845	Discussion	
0845-0855	Myxoma of the hand: Case report & review of the literature	D van der Spuy
0855-0905	Malignant Peripheral Nerve sheath tumours (MPNST)	L Jordan
0905-0915	Discussion	
0915-0925	Case reports: Fourth inter-metacarpal space neuromas in the hand: A rare cause for localised pain in the hand	D van der Spuy
0925-0930	Discussion	
0930-0940	Kinesio Taping of the Metacarpophalangeal joints and its effect on hand function in individuals with Rheumatoid arthritis	S Roberts
0940-0950	Impairments and functional outcomes after flexor tendon repair at Chris Hani Baragwanath academic hospital	T Spark
0950-0955	Discussion	
0955-1005	Hand infections in patients with human immuno-deficiency virus	M Rousot
1005-1010	Discussion	
1010-1040	TEA	

SESSION 2 CHAIR : DR MARTIN WELLS

1040 - 1050	Nerve transfers for C5/6 Brachial Plexus Injury, our experience with dorsal approach and early results	A Ikram
1050 - 1100 1100 - 1105	The result of surgically operated Thoracic Outlet Syndrome (TOS) Discussion	M Solomons
1105 - 1115 1115 - 1120	The importance of the triceps footprint: A case report and update on the literature Discussion	C Anley
1120 - 1130 1130 - 1135	Four limb amputation: A multidisciplinary triumph Discussion	M Carides
1135 - 1200 1200 - 1205	Distant pedicle flaps for the hand and upper limb Discussion	M Pickford
1205 - 1215 1215 - 1220	Hand-care for all: towards strategic conversations Discussion	K van Stormbroek
1220 - 1230	Allograft reconstruction utilising a limited two-incision technique for chronic distal biceps tendon rupture	A Smit

1230-1330 **LUNCH**

SESSION 3 CHAIR : DR NIKKI VAN DER WALT

1330 - 1400 1400 - 1410	Small free flaps for soft tissue cover in the hand Discussion	M Pickford
1410 - 1420	The relationship between trapezium union, CMC joint instability and function following pollicisation	D van der Spuy
1420 - 1430 1430 - 1435	Ligament reconstruction of the unstable CMC joint: An alternative surgical technique Discussion	A Smit
1435 - 1445 1445 - 1450	Carpal kinematics: A cadaver study of wrist motion following partial arthrodesis Discussion	I Koller
1450 - 1500 1500 - 1505	A novel ligament sparing dorsal approach to the wrist: Keeping it simple Discussion	M Roussot

1505-1530 **TEA**

1530 – 1540 1540 - 1545	Extended Scope Hand Therapist - Led Traumatic Wrist Injury Clinic Discussion	R Midgley
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SATURDAY 30 AUGUST 2015 continued:

1545 - 1555 1555 - 1600	Morbidity in scaphoid internal fixation caused by surgical technical errors and implant failure: Case report and review of technique Discussion	D van der Spuy
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1600 - 1610	Case report: Perilunate dislocation with an intact scapholunate ligament	T. Motlolisi
1610 - 1615	Discussion	
1615 - 1625	Outcome of wound cover in degloving injuries of the hand at Kenyatta National hospital, a tertiary Kenyan hospital in Nairobi	G.O. Afulo
1625 - 1630	Discussion	
1630 - 1640	Motec wrist replacement: A retrospective review of 16 cases of 4 years	T Sluis
1640 - 1645	Discussion	
1700 -1800	Annual General Meeting (members only)	
1930	Congress Dinner	

SUNDAY 30 AUGUST 2015

0730-0750 Delegate Registration

SESSION 4 CHAIR : DR MIKE SOLOMONS

0830 - 0850	Digital advancement flaps	M Pickford
0850 - 0900	Discussion	
0900 - 0925	Finger tip injuries - distant flaps	M Pickford
0925 - 0930	Discussion	
0930 - 0940	Recipient of Stratmed Prize - What I learned at FESSH meeting	I Koller
0940 - 0950	Recipient of Macromed Prize - What I learned at FESSH meeting	M Carides
0950 - 1000	Treatment of neuropathic pain	P Burger

1000-1030 **TEA**

SESSION 5 CHAIR : DR ROGER NICHOLSON

1030 - 1115	Ethics lecture - Perspective on the Hand	U Mennen
1115 - 1145	Toe to hand transfer	M Pickford
1145 - 1150	Discussion	
1150 - 1200	Recipient of the Affordable Medical Annual Award	G Biddulph
1200 - 1250	19 th AC Boonzaier Lecture	E Mennen
1250 - 1300	Closure of Congress	R Nicholson

1300-1400 **LUNCH**