



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE

ANNUAL REFRESHER COURSE

EVENT	The Annual Refresher Course of The SA Society for Surgery of the Hand
DATE	21-22 February 2015
VENUE	Protea Hotel and Conference Centre OR Tambo
TOPICS	ANATOMY AND BIOMECHANICS, CONGENITAL ABNORMALITIES, CP, STROKE AND BRAIN INJURY, TETRAPLEGIA AND TENDON TRANSFERS.

SCIENTIFIC PROGRAM

SATURDAY 21 FEBRUARY

07h30	Registration	
08h00	Welcome and Announcements	Dr Roger Nicholson

ANATOMY AND BIOMECHANICS

SESSION ONE

CHAIRMAN: Dr Erich Mennen

08h05-08h50	Anatomy and Biomechanics of the Intrinsic and extensor mechanism	Dr Donald Sammut
08h50-08h55	Discussion	
08h55-09h15	Update on my understanding of wrist anatomy	Dr Mike Solomons
09h15-09h45	Tunnels, Pulleys and Points of Compression.	Dr Donald Sammut
09h50-09h55	Discussion	

09h55-10h15 **TEA**

CEREBRAL PALSY STROKE AND BRAIN INJURY

SESSION TWO

CHAIRMAN: Dr Mike Solomons

10h15-10h50	The Toxins in treatment of Cerebral Palsy	Dr Perrin Hansen
10h50-10h55	Discussion	
10h55-11h20	Surgical treatment of Cerebral Palsy	Dr Dirk van der Spuy
11h20-11h25	Discussion	
11h25-11h50	Surgical correction of spasticity-induced deformities in brain injury	Prof. Jan Fridén
11h50-11h55	Discussion	

11h55-12h55

LUNCH

CONGENITAL ABNORMALITIES

SESSION THREE

CHAIRMAN: Dr Martin Wells

12h55-13h15	Classification and Nomenclature	Prof. Ulrich Mennen
13h15-13h20	Discussion	
13h20-13h40	Syndactyly	Dr Mark van der Velde
13h40-13h45	Discussion	
13h45-14h05	Congenital Thumb Abnormalities	Dr Roger Nicholson
14h05-14h10	Discussion	
14h10-14h25	Radial Club Hand	Dr Steve Carter
14h25-14h30	Discussion	
14h30-14h50	Polydactyly (central and ulnar)	Dr Mark van der Velde
14h10-14h55	Discussion	

14h55-15h25

TEA

SESSION FOUR

CHAIRMAN: Dr Johan van der Westhuizen

15h25-15h45	Arthrogryposis	Prof. Ulrich Mennen
15h45-15h50	Discussion	
15h50-16h10	Macroductyly	Dr Mark van der Velde
16h10-16h15	Discussion	
16h15-16h40	Cleft Hand and Symbrachydactyly	Dr Steve Carter
16h40-16h50	Discussion	

SUNDAY 22 FEBRUARY

0730-0750

Registration

TENDON TRANSFERS

SESSION FIVE

CHAIRMAN: Dr Andrew Barrow

08h00-08h20	Basic Principals of Tendon Transfers	Dr Roger Nicholson
08h20-08h25	Discussion	
08h25-09h25	Tendon transfers for restoring Median Nerve Function	Dr Donald Sammut
09h25-09h30	Discussion	
09h30-09h55	Tendon transfers for restoring Radial Nerve Function	Prof. Jan Fridén
09h55-10h00	Discussion	

10h00-10h20

TEA

TENDON TRANSFERS

SESSION SIX

CHAIRMAN: Dr Mike Carides

10h20-11h20	Tendon transfers for restoring Ulnar Nerve Function	Dr Donald Sammut
11h20-11h25	Discussion	
11h25-11h45	Tendon transfers in Mixed Nerve Injuries	Dr Andrew Barrow
11h45-11h50	Discussion	
11h50-12h10	Principles of Post Tendon Transfer Rehabilitation	Cape Hand Clinic
12h10-12h15	Discussion	

12h15-13h15 **LUNCH**

TETRAPLEGIA

SESSION SEVEN

CHAIRLADY: Dr Nikki van der Walt

13h15-13h35	Tetraplegia: Upper limb tendon transfer surgery : Our experience so far and the way forward	Prof. Hans Myburgh
13h35-14h15	Upper Limb Surgery in Tetraplegia	Prof. Jan Fridén
14h15-14h25	Discussion	
14h25-14h55	Update on Nerve Transfers in Tetraplegia	Prof. Jan Fridén
14h55-15h00	Discussion	
15h00-15h20	Post-operative Rehabilitation of the Tetraplegic Patient	Ms Melanie Skeen
15h20-15h25	Discussion	
15h25-15h30	Closure of Course by the President	Dr Erich Mennen