



THE SOUTH AFRICAN SOCIETY FOR SURGERY OF THE HAND
DIE SUID-AFRIKAANSE VERENIGING VIR HANDCHIRURGIE



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ANNUAL REFRESHER COURSE
22-23 FEBRUARY 2014
HEMINGWAYS
WESTERN AVENUE
EAST LONDON

PROVISIONAL SCIENTIFIC PROGRAM

WRIST COURSE

FRIDAY 21 FEBRUARY 2014

1800-1930 Welcome drinks and registration opposite "The Venue" entrance

SATURDAY 22 FEBRUARY 2014

0700-0750 Delegate Registration
0750-0800 Welcome and Announcements

SESSION ONE **CARPAL INSTABILITY**
CHAIR : MICHAEL SOLOMONS, PHILLIP WEBSTER

0800-0815 Carpal kinematics and clinical anatomy of the wrist Will Haynes
0815-0820 Questions & Answers

0820-0835 Scapholunate dissociation Nikki van der Walt
0835-0840 Questions & Answers

0840-0855 Lunato triquetral instability Ajmal Ikram
0855-0900 Questions & Answers

0900–0915	Perilunate instability	Rob Medoff
0915–0920	Questions & Answers	
0920–0935	Post-traumatic arthritis	
	Late problems of associated carpal instabilities	Hill Hastings
0935–0940	Questions & Answers	
0940–0955	Rethinking scapholunate instability	Rob Medoff
0955–1000	Questions & Answers	

1000–1030 **TEA**

SATURDAY continued

SESSION TWO

CARPAL PATHOLOGY

CHAIR : ULRICH MENNEN, STEVE CARTER

1030–1045	Scaphoid fractures – current controversies in evaluation and treatments	Hill Hastings
1045–1050	Questions & Answers	
1050–1105	Scaphoid non-union	Jeff Yao
1105–1110	Questions & Answers	
1110–1125	Limited carpal fusion	Rob Medoff
1125–1130	Questions & Answers	
1130–1145	Carpal osteonecrosis – Lunate, Scaphoid, Capitate	Duncan McQuire
1145–1150	Questions & Answers	
1150–1205	STT OsteoArthritis	Johan vd Westhuizen
1205–1210	Questions & Answers	
1210–1225	Pathologies of pisiform/hamate/triquetrum	Ian Koller
1225–1230	Questions & Answers	

1230–1330 **LUNCH**

SESSION THREE**GENERAL**

CHAIR : NIKKI VAN DER WALT, ADRIAAN SMIT

1330-1345	Radial malunion	Rob Medoff
1345-1350	Questions & Answers	
1350-1405	Wrist fusion	Hill Hastings
1405-1410	Questions & Answers	
1410-1425	My 3 most common indications for Wrist Arthroscopy – how the scope influences my management Algorithm	Knut Jägersberg
1425-1430	Questions & Answers	
1430-1445	Current updates of new strategies in rehab and splinting in wrist injuries	Lynne Pringle
1445-1450	Questions & Answers	
1450-1505	Tips, tricks and pitfalls: how to get the most out of Wrist Arthroscopy	Knut Jägersberg
1505-1510	Questions & Answers	
1510-1525	Combined injuries of the hand – principles of management	Hill Hastings
1525-1530	Questions & Answers	

1530-1600 **TEA**

SATURDAY continued**SESSION FOUR****WORKSHOP**

CHAIR : MARTIN WELLS, AJMAL IKRAM

1600-1730	SA Biomedical – Arthrex Workshop with Jeff Yao demonstrating 1. the latest surgical innovation in Scapho-Lunate Dissociation treatment: SLAM procedure (ScaphoLunate Axial Method) and 2. the advantage of application of the mini tightrope for thumb suspension after trapeziectomy or treating instability; why or why not, Arthroscopic trapeziectomy	
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END OF DAY ONE

1900 Dinner at Grazia Fine Food & Wine
Upper Esplanade Beach Front, Quigney

SUNDAY 23 FEBRUARY 2014

0730-0750 Registration

SESSION FIVE

ULNAR SIDED WRIST CHALLENGES

CHAIR : JOHAN vd WESTHUIZEN, MICHAEL CARIDES

0800-0815	Ulnar sided wrist pain	Rob Medoff
0815-0820	Questions & Answers	
0820-0835	Ulnar shortening osteotomy - how, when why	Andrew Barrow
0835-0840	Questions & Answers	
0840-0855	DRUJ arthrosis - excise vs replace	Michael Carides
0855-0900	Questions & Answers	
	TFCC "rapid fire"	
0900-0910	A. TFCC injuries	Jeff Yao
0910-0920	B. TFCC open versus arthroscopic	Hill Hastings
0920-0930	C. Conservative managements	Michael
Solomons		
0930-1000	Ulnar sided wrist pain cases PANEL DISCUSSION	Hill Hastings, Rob Medoff, Knut Jägersberg, Jeff Yao

1000-1030 TEA

SUNDAY continued

SESSION SIX

DISTAL RADIUS

CHAIR : ERICH MENNEN, ANDREW BARROW

1030-1045	Do we need to fix distal radius fracture? - a review of current literature	Erich Mennen
1045-1050	Questions & Answers	
1050-1105	The radiographic parameters of distal radius fractures	Rob Medoff
1105-1110	Questions & Answers	
1110-1125	Complications of distal radius fractures - USWP	Hill Hastings
1125-1130	Questions & Answers	
1130-1145	Fragment specific fixation	Rob Medoff
1145-1150	Questions & Answers	
1150-1230	"Jeopardy" session on distal radius fractures PANEL DISCUSSION	Hill Hastings, Rob Medoff, Knut Jägersberg, Mike Solomons

1230-1315 **LUNCH**

SESSION SEVEN

GENERAL SESSION

CHAIR : ROGER NICHOLSON, HANS MYBURGH

1315-1325	Topical updates in wrist Physiotherapy. A review of current literature	Marcela
Cawood		
1325-1330	Questions & Answers	
1330-1400	PIP fracture dislocations / role of hemi-hamate replacement arthroplasty and how I do it	Hill Hastings
1400-1405	Questions & Answers	
1405-1415	Dorsal wrist ganglions	Phillip Webster
1415-1420	Questions & Answers	

1420-1440

Tendon transfers for ulnar nerve palsy

Hill Hastings

1440-1445

Questions & Answers

1445

Closure by the President

Erich Mennen

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